

## Opening Reception For Juried Exhibit



*Twiddle Thicket*, oil on canvas, by Ehren Gerhard

The Alliance for the Arts opens its 30th annual All Florida Juried Exhibit with a public reception on Friday, June 3 from 5 to 7 p.m., showcasing work by 47 artists.

Featured artists include Eileen Amster, Brooke Anderson, David Belling, Celeste Borah, Steve Butfer, Willow Cada, Brian Cast, Dennis Church, Geoff Cie, Muffy Clark Gill, Patricia Collins, Sheri Dahl, Laurent Dareau, Sally Dutko, Ehren Gerhard, Elise Gold Sewell, Barbara Groenteman, Sarah Hull, Leo Johnson, Pamela Jones, Rose Jung, Megan Kissinger, Alexis Lago, Deborah Martin, Polly Matsumoto, Carolyn McGahey, John



*Involutions*, raspberry alabaster, by Joel Shapses

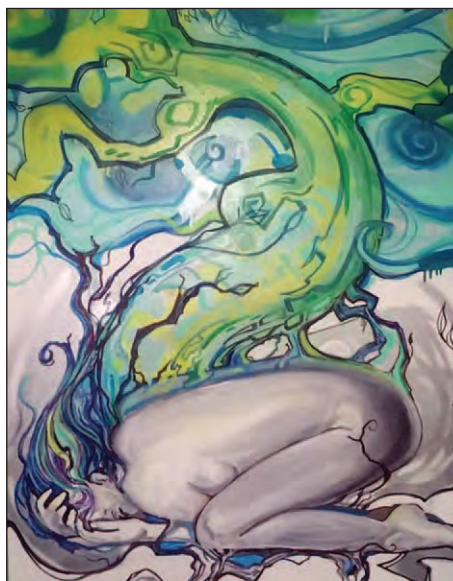
Merchant, Julie Obney, Jeff and Dale Ocasio, Lynn Ondercin, Andy Owen, Tracy Owen-Cullimore, Jose Pardo, Scott Parker, Rick Plummer, Renee Rey, Pamela Richardson, Roy Rodriguez, Caitlin Rosolen, Maria Sanchez, Joel Shapses, Herb Sklar, Stephen Staack, Mimi Stirn, Daniel Venditti, Patricia Zalisko and Peter Zell.

The exhibit runs through June 30. This year's juror is Harry Messersmith, who maintains a full-service bronze/glass foundry and sculpture atelier in Deland.

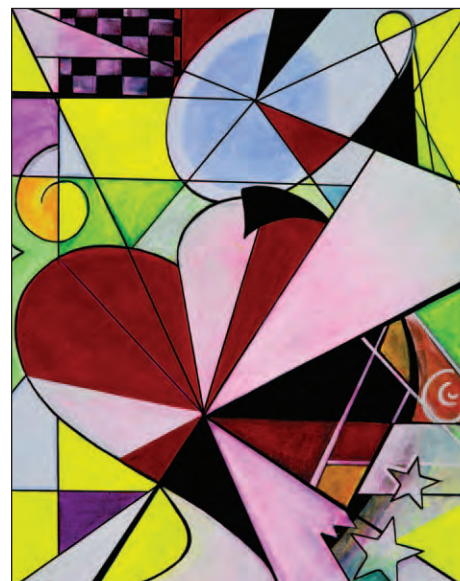
Messersmith will present awards during the opening reception, including \$1,000 cash for Best in Show, a \$250 gift certificate for second place and \$100 cash for third place.

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## New Works At ACT Gallery



Dharma LeFevre's artwork



Diana Ripoll's *Hollywood Stars*

Arts for ACT Gallery will host an opening exhibit and reception for its June featured artists on Friday, June 3 from 6 to 10 p.m. Diana Ripoll will be showing in the main gallery, Dharma LeFevre in the white gallery and Alex Wilkinson off the main gallery. This exhibit continues through June 27.

Ripoll was born with a natural fascination for brilliant color and abstract ideas. She has traveled the world and draws from her experiences to create her paintings. She begins by choosing a color that attracts her at the moment, and then continues to add colors until her paintings begin to form themselves. With each completed piece, Ripoll looks forward to revisiting the story it represents.

LeFevre is a fine art figurative artist who calls Fort Myers home. Raised in Naples, she attended college in Oklahoma at Neo A&M Junior College for Graphic Arts. Her artistic background is based in fantasy, mythology and figurative works. LeFevre's current body of work has inspirations that pull from feminine Art Nouveau, urban lines and techniques, and vintage influences in saturated colorful pieces.

Wilkinson is a self-taught mixed media artist. She has worked as a needle arts

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## Pay Tribute To America's Heroes

The public is invited to A Tribute to America's Heroes, which will be held under the large pavilion at Centennial Park in downtown Fort Myers this Sunday, May 29 beginning at 6 p.m. The tribute will be held rain or shine.

Clay Miller of NBC-2 will be the host. Sergeant Jeff Kyle of the United States Marine Corps, brother of the late Chris Kyle, will be the guest speaker. There will be performances by the Southwest Florida Symphony and Yvette Dominique of the Fort Myers Police Department.

Other activities will include a rifle salute and flyover performed by the Lee County Sheriff's Office, a presentation of colors by the Fort Myers Police Department and a wreath will be laid on the Caloosahatchee by Marine units.

The American Red Cross will be accepting items for care packages to be sent to deployed troops. The public is encouraged to donate items for the care packages, such as individually wrapped candy, microwave popcorn, nuts, pretzels, powdered drink mixes, or toiletry items such as shaving cream, razors, toothbrushes, toothpaste, bath soap or shower gel. Other nonperishable items, such as travel-size wet wipes, sunscreen, lip balm and foot power are also acceptable as are playing cards, puzzles and reading materials.

The tribute is sponsored by the Fort Myers Recreation Division, the Lee County Chapter of the American Red Cross, 21st Century Oncology, American Legion Post 38 and Lee County Veteran's Affairs.\*

## Awards Presented During Art Walk

An awards reception for the Sidney & Berne Davis Art Center's (SBDAC) juried exhibition, Notes: Musical, Monetary and Handwritten, will be held on Friday, June 3 during Art Walk in downtown Fort Myers from 6 to 10 p.m. Artists submitted two- and three-dimensional works related to the theme and were announced via selection into the 8th annual exhibit.

Three honors – Overall Best of Show, with a cash prize of \$500; SBDAC Pick, with a \$250 award; and People's Choice, also with a cash prize of \$250 – will be awarded. Best of Show and SBDAC Pick will be announced at 7:15 p.m. at the reception. Ballots for People's Choice will be available

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*Time Is Money* by KiKi Brewsaugh



Historic Downtown Fort Myers, Then And Now:

# Hotel Déjà Vu



by Gerri Reaves, PhD

The hotel pictured in this undated photo, the Hendry House, was one of Fort Myers’ first hotels. It was located on the north side of First Street where today’s Bay Street curves into First.

In its day, 1889 to 1897, it offered some of the best accommodations and hospitality the town could offer.

The large open porch and balcony were designed to make the most of the river breezes in that pre-air conditioning era, and the ornate Victorian gingerbread woodwork, often associated with Key West buildings, added charm to the hotel.

If you think the annotation “Myers, FLA” is an error, think again. It is but one indication that the photo was taken before November 1901. That was when the U.S. Post Office finally relented to years of entreaties and officially changed the town’s name from “Myers” to “Fort Myers” -- what every local had always called it anyway.

The photographer thought the Poinciana tree (right) was special enough to point out, probably because it was an unusual specimen in Fort Myers circa 1890.

That First Street spot must hold a record for the number of hotels or motels that have been there, and Hendry House opened when only a handful of hostelries existed in town.

The hotel was originally the home of Capt. and Mrs. Francis Asbury Hendry, one of Fort Myers’ founding families.

In October 1888, the Hendrys sold it to their son Louis A. Hendry for \$7,000. Capt. Hendry, known as the Father of Fort Myers, then moved to his Fort Thompson ranch.

Louis subsequently added 14 rooms and created a hotel.

The hotel’s riverside location was convenient for people arriving by private boat or wanting to go on hired sightseeing or fishing excursions. In those days, the banks of



Hendry House, pictured circa 1890, was one of Fort Myers’ first hotels. Before it was enlarged and converted to a hotel, it was the family home of Capt. FA Hendry, known as the Father of Fort Myers.

courtesy Florida State Archives



Today, the former hotel site at First and Bay is occupied by a section of a parking structure that is being renovated as part of Campo Felice

photo by Gerri Reaves

the Caloosahatchee were much closer to First Street than they would be today because of infill projects completed over the last century.

The railroad was yet to arrive in Fort Myers, so travel by water, usually a commercial steamboat, was the easiest and most comfortable way to get here.

In 1889, Eleanor Pearse stayed for a few days at the hotel she referred to as “Mrs. Hendry’s.”

In her memoir, Florida’s Vanishing Era, she recalls the “huge mosquito bars [nets]” over the bed and how terrified she was when a dragonfly – harmless, of course – got inside it.

The Hendry House didn’t have a long history, however. It was razed in August 1897 after it was bought by Hugh O’Neill, a wealthy New York City department store magnate, and his silent partner, Henry B. Plant, a rail-steamboat-hotel mogul.

In 1898, the elegant four-story Royal Palm Hotel rose on the hotel’s former site. It was successful – indeed, today it is legendary -- and expanded over the years. But, in 1948, it met the same fate as Hendry House and was torn down.

Starting in the mid-1950s, the Palmland Hotel Court, later called the Palmland Motel, existed on the site, and stayed in business until the early 1980s.

In January 1987, a new era started when the Sheraton Harbor Place Hotel opened, with the 25-story tower on Edwards Drive facing the river (made possible by infill). The parking structure that covers the former Hendry House site has an entrance on First.

Since then, the Sheraton has been sold, remodeled, and renamed more than once -- the Ramada Inn and Suites at Amtel Marina and then the Ambassador Riverfront Hotel.

The site has been vacant for several years now, but even as you read this, the long-vacant Sheraton buildings are being transformed into a senior-living, resort-style residential community.

And this time, creative redevelopment -- minus the demolition -- is bringing new life to this riverside property with a 127-year hotel history.

Walk down to First and Bay and imagine a late 19th century vacation at the Hendry House, complete with mosquito nets.

Then turn around and walk a few blocks south to the Southwest Florida Museum of

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# Purple Heart Recipients Honored

Vets4Energy and the Military Order of the Purple Heart recently recognized Southwest Florida Purple Heart recipients for their service and dedication to the nation during a ceremony at the Southwest Florida Military Museum & Library.

Capt. James McCormick (U.S. Army, Ret.), Vets4Energy program director, three-time Purple Heart recipient and three-time Bronze Star and Silver Star recipient, started a four-state tour to bring recognition to the Purple Heart Trail, which was established in 1992.

“As a country with abundant natural resources it makes sense to maximize our national resources so that we are never dependent on foreign energy,” said Capt. McCormick, who served in Operation Desert Storm and Operation Iraqi Freedom. “The last 25 years has been a back and forth to the Middle East to engage in combat operations and security missions partly due to the free world’s dependence on foreign energy resources. Far too many of our service members have paid a tremendous price in the cause of freedom and securing this area. Let us reduce and eventually eliminate the need for dependency on these foreign resources for us and our allies. Let us focus on securing our nation, utilizing

our resources and secure good careers for our veterans and our citizens through American Energy.”

Vets4Energy is a nationwide group of volunteer veterans who believe that energy security and national security are tied. They advocate for smart energy policies, using all forms of energy, to policymakers. McCormick is partnering with the Military Order of the Purple Heart, an 82-year-old national organization dedicated to honoring wounded veterans, on the Purple Heart Trail tour throughout the Southeastern United States.

“Honoring our Purple Heart recipients is paramount for the Military Order of the Purple Heart,” said Ernesto Hernandez III, Military Order of the Purple Heart National Adjutant. “We are pleased to partner with Vets4Energy to bring recognition and honor to the men and women who have been wounded in combat for our country. The United States is blessed to have such dedicated veterans who have served and continue to serve their country.”

Cape Coral was selected due to its proximity to Interstate 75, which is part of the Purple Heart Trail. The Purple Heart Trail is a symbolic and honorary system of roads, highways, bridges and other monuments that give tribute to the men and women who have been awarded the Purple Heart medal.✪

# Memorial Day Service In Cape Coral

Coral Ridge Funeral Home & Cemetery will host its 35th Annual Memorial Day service in the Veterans Honor Garden at 10 a.m. Monday, May 30.

The service, which is free and open to the public, will bring community leaders and veterans organizations together to honor those who have given the ultimate sacrifice for their country. Refreshments will be served following the service.

Reverend Jack Mulvey, MSGT U.S. Air Force Ret., will serve as the chaplain for the service. Cape Coral Mayor Marni Sawicki will lead the Pledge of Allegiance and read a proclamation from the city. Gold Star Parents & Families will be a special guest. The Sun-Sations and U.S. Army Vietnam Veteran Roy St. Onge will perform patriotic songs. A roll call of deceased veterans will be read by U.S. Air Force Veteran and Program Chair Chuck Warren.

Additional activities will include the opportunity for family members to take a rubbing of their loved ones’ names on the Honor Wall, a memorial wreath presentation, a ceremonial fly-over by a UH-1 Huey helicopter from the Lee County Mosquito Control District; and a Motorcycle Ride-In by the American Legion Riders and Patriot Guard. The Harney Point VFW 8463, American Legion Post 90, Vietnam Veterans of

America Firebase Chapter 594, Combat Infantrymen’s Association, the Military Order of the Purple Heart, Oasis High School Army JROTC Shark Battalion, Boy Scout Troop 8463, Cub Scout Pack 82, Cape Coral Fire Department, Cape Coral Police Department and Lee County Sheriff’s Office will also participate.

Chuck Warren, chairman of the Dignity Memorial Homeless Veterans Burial Program in Cape Coral, will speak on the need to honor and provide services for homeless veterans.

“The annual Memorial Day observance is our way of saying thank you to the men and women who have served and who have sacrificed,” said Chuck Warren of Coral Ridge Funeral Home & Cemetery. “We hope the families who join us for the service gain a deeper appreciation for the importance of honoring our military, whether that is those currently serving or veterans who served in the past.”

Coral Ridge Funeral Home & Cemetery is a Dignity Memorial provider and part of a network of providers that has several initiatives to honor and support the nation’s veterans and active military. The initiatives and programs include the Veterans Planning Guide, the Dignity Memorial Homeless Veterans Burial Program, educational veterans seminars and special pricing for members of veterans service organizations.

The cemetery is located at 1630 SW Pine Island Road in Cape Coral. Call 283-0540 or visit [www.CoralRidgeFuneralHome.com](http://www.CoralRidgeFuneralHome.com) for more information.✪



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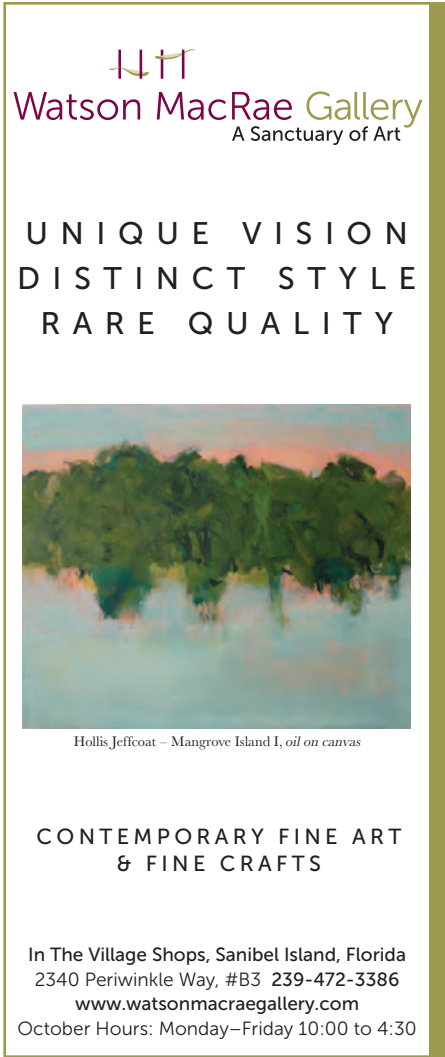
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## Celebrating Hot Flashes At Broadway Palm



by Di Saggau

**M**enopause The Musical has been delighting audiences since 2001. It's back on stage at Broadway Palm Dinner Theatre with four talented gals of different

sizes who bring howls of laughter to the audience from start to finish. The four diverse characters are Whitney Hayes as Professional Woman, Sarah Hayes as Soap Star, Megan Opalinski as Earth Mother, and Donnalynn Walker as Iowa Housewife. They meet at Bloomie's, where the entire show takes place. From the jewelry to the lingerie to the cosmetics department, in the bathroom, beauty salon and restaurant, they bond over hot flashes, mood swings, night sweats, insomnia and other menopausal milestones.

The 90-minute show is a parody of pop songs from the '60s and '70s with humorous new lyrics that reflect everything a woman experiences at a certain age. *My Guy* becomes *My Thighs*, a hysterical rendition from Walker. *Puff the*



The cast of *Menopause The Musical*

*Magic Dragon* is transformed into *Puff, My God, I'm Draggin'*. *Stayin' Alive* is *Stayin' Awake*, *Help Me Rhonda* becomes *Thank You Doctor* for their mood-enhancing medication. There are over 20 songs in all.

The show captures the experiences of every woman in her 40s and 50s. The collection of great oldies, clever tongue-in-cheek lyrics and entertaining dance routines provide a show that leaves the entire audience clapping to the final number and yelling out whoops of approval. When the talented performers invite audience members to join them on stage, it's

obvious that there is still a lot of life left in a lot of women regardless of their age. It was a great way to end the show and put a smile on everyone's face.

Written with humor and compassion, by Jeanie Linders, *Menopause The Musical* provides for a truly fun evening. The men in the audience were laughing right along with the ladies. It plays through July 2 at Broadway Palm Dinner Theatre, 1380 Colonial Boulevard in Fort Myers. For tickets, go to [www.BroadwayPalm.com](http://www.BroadwayPalm.com) or call 278-4422.\*

## Theater Holding Auditions For 2016-17 Season

**T**he Laboratory Theater will host open auditions for its upcoming 2016-17 season on Sunday, June 5 from 1 to 4 p.m. No appointments will be made; auditions are on a first-come, first-seen basis.

Actors should prepare one comedic and/or one dramatic monologue, each not to exceed two minutes in length. Actors who arrive without a prepared monologue will be given one. Bring a resume and headshots. Actors unable to attend may send headshots and resumes to: The Laboratory Theater of Florida, Attention: Casting, P.O. Box 334, Fort Myers, FL 33902.

Callbacks for specific shows will be by invitation later this summer and autumn. The theater is located at 1634 Woodford Avenue in Fort Myers.

For additional information, call 218-0481 or visit [laboratorytheaterflorida.com](http://laboratorytheaterflorida.com).\*

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# BIG ARTS/ Rauschenberg Scholarship Winners Honored



The scholarship winners in attendance for the awards ceremony Tuesday, May 17, in Schein Hall included, from left, Amalia Smith, Natalie Kazmin, Sarah Adler and Inka Schulz

The recipients of the BIG ARTS/Robert Rauschenberg Scholarship awards were honored in a ceremony held on May 17 in BIG ARTS Schein Performance Hall on Sanibel.

Four of the six scholarship winners were in attendance as BIG ARTS Executive Director Lee Ellen Harder recognized each one during the ceremony. The six scholarship winners were Sarah Adler, Valerie Hernandez, Natalie Kazmin, Isabella LeVan, Inka Schulz and Amalia Smith.

“During the interview process this year, every member of the scholarship committee was moved to express gratitude for the privilege of interacting with this outstanding group of applicants,” said scholarship committee chairman Ran Niehoff. “It is truly a

high point in our lives to sense the warm passion and witness the creative talent of these young people.

“We are also grateful for the generosity of the donors to the scholarship fund, whose gifts provide a tangible ‘high-five’ and a firm ‘pat on the back’ to those whose work add to the eternal dignity of human experience, one person at a time.”

BIG ARTS received 13 applications with portfolios, ranging from theater, creative writing and graphic design to film and illustration.

Of those 13, seven were interviewed by the scholarship committee and of those seven, six were awarded scholarships.

“It is important to recognize the achievements of these scholarship recipients,” said Harder. “They are our future in the arts.”

Sponsors and donors of the scholarships include the Robert Rauschenberg Foundation, Patricia and Davis Thurber, Deborah and John LaGorce and other community support of BIG ARTS programs benefiting the scholarship programs.

Adler is a Sanibel Island native and has benefited from programs at BIG ARTS. She will graduate from Fort Myers High School and will carry 15 college credits. She attended Ringling College of Art and Design PreCollege and won the Outstanding Academic Achievement Award. She plans to attend the School of the Art Institute of Chicago to study for a BFA in visual communication design.

Hernandez is a native of Fort Myers and is entering her sophomore year this fall at Ringling College of Art and Design for illustration. Her plans are to enter the field of editorial illustration, while pursuing her own personal fine art painting.

Kazmin has been involved in filmmaking since October of 2015 and has been pursuing creative writing for the last decade. This fall, Kazmin will attend Florida State University, where she hopes to attend the College of Motion Picture Arts.

As an incoming senior in the FSU Music Therapy program, LeVan will start her internship this coming January at Big Bend Hospice in Tallahassee. She is beginning her pursuit of a master’s degree in the field of music therapy with an emphasis in neuroscience and plans to build a career rich with performing, therapeutic practice and music therapy research in older adults in hospice.

A native from Bavaria, Germany, Schulz graduated a year early from high school and will be attending Ringling College of Art and Design in the fall to study illustration. Her plans include attending a prestigious concept art school in Singapore. Her career goal is to become a concept artist for a video game studio.

Smith is a Lee County native and will graduate from Dunbar High School this spring. She will be attending Florida Southwestern State College this summer to pursue her associate of arts. By 2018, she plans to attend FGCU or Florida A&M University to major in graphic design. Her goal is to become a successful designer with her own business.

Scholarship committee members included Niehoff, Ken Nees, Jerry Churchill, Deborah LaGorce, Lorraine Walker Williams and Blair Wyatt. To learn more about the BIG ARTS/Robert Rauschenberg Scholarship program, or to donate to the cause, go to [www.bigarts.org](http://www.bigarts.org) or call 395-0900.✧

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From page 2

## Hotel Déjà Vu

History at 2031 Jackson Street, where you'll learn more about the town's first hotels.

Call 321-7430 for information, or go to [museumofhistory.org](http://museumofhistory.org). Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

There's much more to discover about the Hendry family's role in local history, and you'll find it at the Southwest Florida

Historical Society's research center, located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit [swflhistoricalsociety.org](http://swflhistoricalsociety.org) for more information.

Sources: Archives of the Southwest Florida Historical Society, *The Fort Myer Press*, and *The Story of Fort Myers* by Karl H. Grismer.✧

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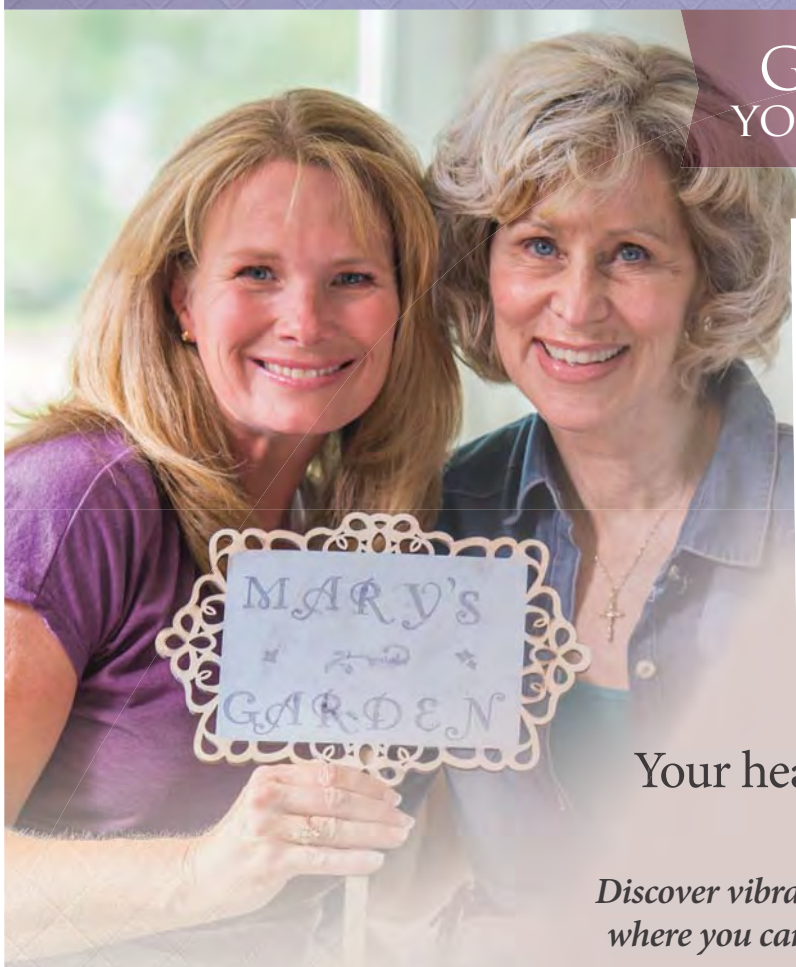
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# Along The River



Visit the Butterfly Estates in downtown Fort Myers for a free butterfly gardening class

Enjoy a ballgame with man’s best friend. **Hammond Stadium/CenturyLink Sports Complex** in Fort Myers will host **Dog Daze of Summer** on Thursday, May 26. Bring your pooch to the park as the Fort Myers Miracle take on the Palm Beach Cardinals. Dogs get in for free. There will be dog vendors on the concourse with treats, puppy promotional items and more. Game time is 7:05 p.m. The Miracle is also holding Irish Heritage Night, so don’t forget to wear green. Thirsty Thursday, where one can take advantage of half-price domestic draft beer, is presented by West Coast Tattoo, Beasley Broadcasting and Budweiser. Dog Daze of Summer outings are held once a month throughout the summer. The next one will be on Wednesday, June 22. This weekend, **Fleamasters Fleamarket** is hosting its annual **Fleamasters Watermelon Festival**. Celebrate the summer harvest season during the three-day festival that kicks off Friday and continues Saturday and Sunday. Highlights include a watermelon speed-eating contest and a seed-spitting competition, a community

showcase exhibition area, live entertainment, skill games, stilt walker, balloon animals and, of course, locally grown watermelon. Call 334-7001 to learn more. **Butterfly Estates** in downtown Fort Myers is offering a free **Butterfly Gardening Class** on Saturday, May 28 at 11 a.m. According to the website of the non-profit organization called The Florida Native Butterfly Society, designing a productive butterfly garden is one of the most satisfying and beautiful additions that someone can make to any property with instant curb appeal achieved and a yard that becomes active with the beautiful colors of what some call flying flowers. Incorporating butterfly gardens in commercial applications allows one to provide appealing attributes to its residents. Butterfly Estates staff will guide participants through the process and can provide you with all the best pesticide free host and nectar plants. The free Butterfly Gardening Classes are offered the last Saturday of the month throughout the summer. The organization hopes to inspire guests to plant butterfly gardens to support and increase natural populations. The Butterfly Estate’s educational facility is complete with a 3,600-square-foot glass butterfly conservatory and is located in Gardner’s Park in the downtown Fort Myers River District at 1815 Fowler Street. It is open Tuesday through Sunday from 10 a.m. to 5 p.m. For more information, visit [www.thebutterflyestates.com](http://www.thebutterflyestates.com) or call 690-2359. **Cypress Lake Presbyterian Church** is holding a **Quarter Auction for Rescued Dogs of the Redlands** on Friday evening. From 6 to 8:30 p.m., the part auction, part fundraiser and direct sales party will allow participants a chance to rent a paddle for \$3 to prepare for the bingo-like event that benefits a local charity. Bring a roll of quarters to play. If you have never witnessed a quarter auction, you will be taught. Cypress Lake Presbyterian Church is located at 8260 Cypress Lake Drive in Fort Myers. **Matanzas on the Bay** on Fort Myers Beach will host its 3rd annual **Bluegrass Brew & BBQ** on Saturday, May 28 from 11 a.m. to 10 p.m. The fundraising Memorial Day weekend event will benefit Operation Open Arms, a non-profit organization that helps military personnel and veterans who are suffering from Post-Traumatic Stress Disorder. Live bluegrass music from Bugtussle Ramblers and the Cooter Creek Bluegrass Band will be featured along with a variety of craft beers from Fort Myers Brewing Company, face painting for children, a 50/50 raffle, a silent auction and a \$15 barbecue buffet with direct proceeds for OOA. Other activities are planned. Matanzas on the Bay is located at 416 Crescent Street (under Matanzas Bridge) on the beach. Call 463-3838 or visit [www.matanzas.com](http://www.matanzas.com) for more information.✴



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## Civil Rights Exhibit Free For Veterans

Veterans and active duty military receive free admission to the Civil Rights in the Sunshine State exhibition at the Southwest Florida Museum, located at 2031 Jackson Street in Fort Myers beginning on Friday, May 27. The exhibit explores the struggle of African Americans for equality in Florida from the end of Reconstruction through the 1970s, and examines the history of black activism in the state. Civil Rights in the Sunshine State was curated by the museum to commemorate the 50th anniversary of the signing of the Civil Rights Act of 1964, and includes historical narratives, archival images, films featuring footage of civil actions and interviews, and oral histories. The exhibit closes on Saturday, June 11. Veterans and active duty military personnel get in free, and family members receive half-off admission. This is the last exhibit at the museum, which will close in mid-June for planned renovations. Admission is \$9.50 for adults and \$5 for students; some discounts are available. Hours are Tuesday through Saturday, 10 a.m. to 5 p.m. Call 321-7430 or go to [museumofhistory.org](http://museumofhistory.org) for more information.✴



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From page 1

## New Works At ACT Gallery

designer and instructor for 20 years, using pieces of fabric as her canvas. Today, she employs traditional pen and ink, acrylic paint, colored pencils, oil pastels, markers, paper and found objects to create her mixed media art work on canvas or Bristol board. Her favorite subjects are animals, feathered friends, Art Deco, and Celtic lore. Her designs include small stitch-like black and white line patterns in the Zen Tangle inspired art style.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers.✴

## Lee Named To Dean’s List

Alexandra Lee, a junior from Fort Myers, has been named to the Dean’s List at William Woods University for academic accomplishments during the 2016 spring term.✴



# FORT MYERS FARE

**Dining From Downtown's Historic River District To The Beaches**  
For more information, check out our advertisers in this week's *River Weekly*

## DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

## ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Il Cielo features an upscale casual atmosphere at 1244 Periwinkle Way on Sanibel

## IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live Piano music by Scott McDonald on Thursday, Friday and

Saturday nights beginning at 7 p.m. Call 472-5555 for reservations.

## IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

## ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

## JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" for \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.\*

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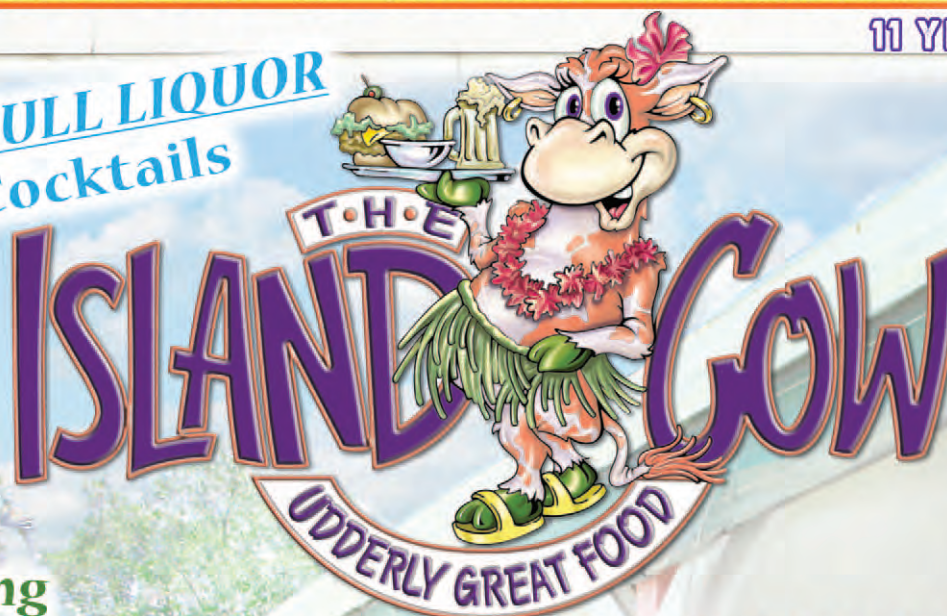
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# Churches/Temples

**ALL FAITHS UNITARIAN CONGREGATION (UUA)**  
2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. [www.allfaiths-uc.org](http://www.allfaiths-uc.org)

**ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH**  
10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

**ANNUNCIATION GREEK ORTHODOX CHURCH**  
8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 481-2099

**BETH SHILOH MESSIANIC SYNAGOGUE**  
15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

**BREAD OF LIFE MINISTRIES CHURCH OF GOD**  
16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

**CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX**  
5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, [rabbi@chabadswf.org](mailto:rabbi@chabadswf.org). [www.chabadswf.org](http://www.chabadswf.org). Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

**CHAPEL OF CYPRESS COVE**  
10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com)

**CHURCH OF THE CROSS**  
13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

**CONGREGATIONAL CHURCH**  
1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: [www.taecc.com](http://www.taecc.com)

**COVENANT PRESBYTERIAN CHURCH**  
2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

**CYPRESS LAKE BAPTIST CHURCH**  
8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

**CYPRESS LAKE PRESBYTERIAN CHURCH**  
8260 Cypress Lake Drive, Fort Myers, 481-3233. [www.clpc.us](http://www.clpc.us). Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

**CYPRESS LAKE UNITED METHODIST CHURCH**  
8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

**FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES**  
6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

**FAITH UNITED METHODIST CHURCH**  
15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com)

**FIRST CHURCH OF THE NAZARENE**  
13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

**FIRST UNITED METHODIST CHURCH**  
Downtown Fort Myers River District, 2466 First Street, 332-1152. [www.fumcftmyers.org](http://www.fumcftmyers.org). Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

**FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION**  
5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

**FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:**  
8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

**IONA-HOPE EPISCOPAL CONGREGATION**  
9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

**JESUS THE WORKER CATHOLIC CHURCH**  
881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

**KINGDOM LIFE CHURCH**  
2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

**LAMB OF GOD CHURCH**  
A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. [www.lambofgodchurch.net](http://www.lambofgodchurch.net). Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

**NEW BEGINNINGS CENTER**

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m.

Kingdom Teaching 7 p.m. Fellowship and refreshments. [nbcministry@embargmail.com](mailto:nbcministry@embargmail.com), [www.facebook.com/nbcministry](http://www.facebook.com/nbcministry). Alex and Patricia Wiggins, Ministers

**NEW COVENANT EYES CHURCH**  
See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. [www.newcovenanteyes.com](http://www.newcovenanteyes.com). LIFT Kidz program, free coffee and donuts.

**NEW HOPE BAPTIST CHURCH OF FORT MYERS**  
16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

**NEW HOPE PRESBYTERIAN CHURCH**  
3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. [www.newhopefortmyers.org](http://www.newhopefortmyers.org).

**PEACE COMMUNITY CHURCH**  
Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com).

**PEACE LUTHERAN CHURCH**  
Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com).

**REDEEMER LUTHERAN CHURCH**  
3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

**RIVER OF LIFE ASSEMBLY OF GOD**  
21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

**SAMUDRABADRA BUDDHIST CENTER**  
Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. [www.MeditationInFortMyers.org](http://www.MeditationInFortMyers.org).

**SAINT COLUMBKILLE CATHOLIC CHURCH**  
12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

**ST. FRANCIS XAVIER CATHOLIC CHURCH**  
2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

**SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH**  
3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

**SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)**  
3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

**SAINT PETER LUTHERAN CHURCH**  
3751 Estero Boulevard, Fort Myers Beach, 463-4251, [www.stpeterfmb.com](http://www.stpeterfmb.com).

Sunday worship service at 9:30 a.m.

**SAINT NICHOLAS MONASTERY**  
Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org).

**ST. VINCENT DE PAUL CATHOLIC COMMUNITY**  
13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

**SOUTHWEST BAPTIST CHURCH**  
16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

**TEMPLE BETHEL SYNAGOGUE**  
16225 Winkler Road Fort Myers. 433-0018, [www.templebethel.com](http://www.templebethel.com). [rabbi.barras@templebethel.com](mailto:rabbi.barras@templebethel.com). Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

**TEMPLE JUDEA (CONSERVATIVE)**  
14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. [www.tjswfl.org](http://www.tjswfl.org).

**THE NEW CHURCH**  
The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

**UNITARIAN UNIVERSALIST CHURCH FORT MYERS**  
13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. [www.uucfm.org](http://www.uucfm.org).

**UNITY OF BONITA SPRINGS**  
28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

**UNITY OF FORT MYERS**  
11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, [www.unityoffortmyers.org](http://www.unityoffortmyers.org). Our God is Love, Our Race is Human, Our Religion is Oneness

**WESTMINSTER PRESBYTERIAN CHURCH**  
9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. [www.westminsterfortmyers.org](http://www.westminsterfortmyers.org)

**WORD OF LIFE CHURCH**  
2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

**ZION LUTHERAN CHURCH**  
7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. [www.zionfm.org](http://www.zionfm.org)✪



# Collins To Emcee SalusCare Comedy Night

Interior designer Marc Collins will serve as master of ceremonies of the 2nd annual Laughter Is the Best Medicine Comedy Night to benefit SalusCare, the region's largest provider of treatment for individuals with mental health and substance use issues. The fun gets under way on Saturday, July 23 from 7 to 10 p.m. at the Sidney & Berne Davis Arts Center in downtown Fort Myers.

Collins, who is a member of the SalusCare Development Committee, was tapped for the emcee role because of his experience working with numerous charities on their fund-raising events, including the Cattle Baron's Ball for the American Cancer Society, FGCU's Wanderlust and Chefs Cooking for Kids for Big Brothers/Big Sisters of the SunCoast of Lee County. He also owns Marc Collins Designs and has volunteered his decorating expertise for many non-profits.

Each of the local celebrities will perform a five-minute stand-up routine for event attendees who will "vote" for the best comedic performance with their dollars.

The local celebrities who will exchange laughs for votes are:

Tom Chase – Fort Myers "Country Lawyer"

Chris Cifatte – WINK-TV news anchor

Tom Cronin – Shell Factory general partner  
Stephanie Davis – "Downtown Diva"

Brian Hamman – Lee County Commissioner  
Elaine Hawkins – President/CEO, Private Client Insurance Group

Nancy McGovern – Lee Memorial Health System board of directors  
Sandy Stilwell – CEO, Stilwell Enterprises

Sheldon Zoldan – News-Press content strategist

Nationally recognized comedian Michael Palascak of NBC's *Last Comic Standing* will round out the evening with a grand finale of his humor while the votes are being tabulated.

Tickets are now on sale and may be purchased online at [www.saluscarecomedydynight.org](http://www.saluscarecomedydynight.org) or by calling 791-1575. Tickets include heavy hors d'oeuvres, beer and wine. Seats at tables are \$125 or \$500 for a reserved table for four, with table signage. A limited number of seats without tables are available at \$100 each. Other sponsorships are available from \$1,000.

"Laughter Is the Best Medicine not only showcases our local celebrities, but

continued on page 13



Marc Collins



Brian Hamman



Sheldon Zoldan



Chris Cifatte



Stephanie Davis



*The Art of Island Dining*

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# Tarpon Have The Moves



by Capt. Matt Mitchell

Most of my time on the water this week was spent chasing tarpon. After locating some fish in the middle and northern sound early in the week, we had very

consistent action, getting hook-ups most trips when returning to these same places. Most of the better tarpon action this week seemed to be in the sound, which is my favorite place to fish for them. On the calmer days, we often sat there watching rolling fish while sitting right among them in what seemed like a tarpon highway. When you can find this many tarpon in one place, I anchor up and then it's just a matter of time until you're going to get your shot.

On the best days tarpon fishing this week, we had four or five hook-ups, which is better than a good day out.

What happens after the bite is up to the angler to react to because of the crazy moves these fish can make. Sometimes the angler can do it all right and the tarpon still gets off. Other times, though not very often, a tarpon just stays hooked up even when the angler fails to react.

One memorable tarpon jumped this week, picked up a cut bait and as soon as the line came tight, jumped vertically at least 15 feet in the air. This wild tarpon went sky high, getting at least as high as the tower on my boat before free-falling and breaking the leader. Another crazy fish this week, caught by Barb Nicholson, picked up the bait, greyhound jumping right at the boat. Just when it looked like we might need to duck, it made a 180-degree turn and the fight was on. Thirty minutes later, Barb had her first tarpon.

Tarpon have personality and every single one you hook will have a different set of moves. Each battle plays out differently, with some fish preferring to make crazy long runs and others staying within 50 yards of the boat and jumping time and time again. One real giant we had on this week opted to make the long runs, getting a comfortable distance from the boat



Robert Macchia from New Jersey caught his first tarpon this week while fishing with Capt. Matt Mitchell

before resting up by the surface on a shallow grass flat. Every time we got the boat close to the fish, it would peel

out another 50 to 100 yards of line. This cat and mouse game went on for about 40 minutes. Finally, when we did get it close to the boat, this fish knew its next well rehearsed moves, trying to break us off under the boat. Staying just out of reach for a leader touch, the fish finally broke off on a trim tab and swam off victorious.

No matter how a tarpon fight plays out – won or lost – these fish always make memories. Some of these tarpon battles I'm lucky enough to be part of are just never forgotten.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

## Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to [press@riverweekly.com](mailto:press@riverweekly.com).

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Sandy Stilwell and Elaine Hawkins

From page 11

## SalusCare Comedy Night

gives everyone an opportunity to support a charity that provides mental health and substance use treatment for more than 15,000 people per year," said SalusCare Development Committee Chair Mark Atkins.

To help the celebrity comics prepare for the evening, Sam Walch, a professor at Florida Gulf Coast University, will work

with them individually and as a group to perfect their routines.

Walch is a former touring stand-up comedian who teaches comedy and public speaking in the communications department at FGCU. He has performed in comedy clubs, casinos and cruise ships in the United States, Canada and the Caribbean and is the author of the first online textbook on public speaking.

For more information about sponsorships and Laughter Is the Best Medicine Comedy Night, call Todd Cordisco at 791-1575.✴



Tom Chase



Tom Cronin

## Estates Offering Free Admission For Veterans On Memorial Day

To honor the men and women who have served our country, Edison & Ford Winter Estates is offering free admission to United States veterans and their families on Memorial Day, Monday, May 30. Free admission includes an audio tour of the historic homes, gardens, laboratory and museum.

Veterans also will receive a 10 percent discount on Edison Ford membership and items purchased in the Museum Store, Ford Cottage Shoppe and Edison Ford Shoppe at Bell Tower Shops.

To receive free admission, veterans must present a VA identification card or their DD214 papers. Current servicemen and women presenting active military identification always receive free admission to Edison Ford throughout the year.

In addition, Edison Ford has joined Blue Star Museums and is now one of more than 2,000 museums that will offer free admission to active duty military from Memorial Day through Labor Day.

The program includes active duty military in the Army, Navy, Air Force, Coast Guard, Marines, National Guard and Reserve, U.S. Public Health Service Commissioned Corps, and NOAA Commissioned Corps. Up to five family members may be admitted free.

The Blue Star Museums free admission program is available to any bearer of a Geneva Convention common access card (CAC), a DD Form 1173 ID card (dependent ID), or a DD Form 1173-1 ID card.

For more information, visit [EdisonFordWinterEstates.org](http://EdisonFordWinterEstates.org) or call 334-7419.✴

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Plant Smart

# Yellow African Bulbine



Stalks of star-like flowers tower over the succulent foliage



Hardy South African bulbine grows in sandy soil in full sun  
photos by Gerri Reaves

by Gerri Reaves

Yellow African bulbine (*Bulbine frutescens*) is a Florida-friendly perennial that is native to the desert grasslands of South Africa. Its tolerance for heat and dry sandy soil make it a low-maintenance groundcover for the South Florida landscape. The yellow or orange star-shaped flowers bloom even in the summer. Six-petaled with prominent stamens, they attract butterflies and bees. The grass-like succulent leaves, which resemble those of the onion, reach only about a foot high, but the pretty flower stalks can be twice that. The jelly-like sap in the leaves gives the plant another name, jelly burn plant. Like aloe, it contains glycoproteins that soothe burns, insect bites, abrasions and rashes. It has long been used medicinally in South Africa.

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Give it full sun and well-drained soil. The clumps will spread to a four-foot diameter. Use it as a border, rock-garden, or container plant. Although it will grow in nutrient-poor soil and in shade, it will flower most if given some organic material and plenty of sun. Propagate it by clump division or simply let it reseed. There are various cultivars, including an orange one that is sterile. Sources: ifas.ufl.edu, sefloridagardenevolvement.blogspot.com, tropicalfloridagardens.com, and unf.edu. *Plant Smart explores the diverse flora of South Florida.*✧

## Free Guided Nature Walk At Pop Ash Creek Preserve



Marshes at Pop Ash Creek preserve provide flood protection and wildlife habitat

Join a Lee County Conservation 20/20 volunteer naturalist for a free guided nature walk on Saturday, June 4 at 9 a.m. at Pop Ash Creek Preserve, located at 9451 Nalle Grade Road in North Fort Myers. Water filter marshes constructed on the 300 acre preserve acquired in 2003 provide neighborhood flood relief, cleaner water and wildlife habitat. The 90-minute, 1.3-mile walk on a loop trail passes the marshes which allow natural sheet flow of water to meander through the preserve instead of flooding neighboring properties. The marshes also provide an attractive habitat small mammals and migrating birds. Visitors are advised to wear sturdy, closed-toed shoes that can get wet or boots. Long pants and long sleeves, hats, sunscreen, bug spray, cameras, binoculars and water are recommended. Dogs are not permitted on this walk. A complete schedule of guided walks at Conservation 20/20 preserves is available online at [www.conservation2020.org](http://www.conservation2020.org). No reservations are required. For additional information, call 822-7942.✧

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## CROW Case Of The Week:

## American Bald Eagle



by Bob Petcher

The American bald eagle (*Haliaeetus leucocephalus*) is the national bird and animal symbol of the United States. Its caricature is proudly displayed on the American Seal.

There was a period of time that the American bald eagle was almost close to being extinct in this country. Populations did recover, and the species was removed from the endangered list in July 1995, transferred to the threatened list and removed from that second list in June 2007.

Interestingly enough, American bald eagles are not actually bald. The name is based from an older meaning of the word "white-headed," which is the feature of the adult American bald eagle. While the male and female species are identical in plumage, the female is approximately 25 percent larger in size than the male on average. However, the plumage of an immature bald eagle in both sexes is brown.

The American bald eagle is known to build the largest nest of any North American bird and the largest tree nests ever recorded for any animal species.

By now, many people in the Southwest Florida region as well as visitors to the area and people around the world for that matter have heard of the popular Southwest Florida Eagle Cam in North Fort Myers. Since the 2012-13 nesting season, three cameras have filmed the plight of adult eagle Harriet and her family in their nest. With live streaming available 24/7, more than 16 million viewers have reportedly viewed [www.dickpritchettrealstate.com/eagle-feed.html](http://www.dickpritchettrealstate.com/eagle-feed.html) and gained knowledge about eagles in general.

One of Harriet's offspring, E8, is currently recovering from injury at CROW. This would make the second time in the past four months that the juvenile bald eagle (who is strongly suspected to be male based on its size) has visited the Sanibel rehabilitation clinic.

E8 was originally brought to CROW on February 9, due to his left leg being entangled in monofilament line. Florida Fish and Wildlife officials had asked CROW personnel to enter the eagle nest, remove the line and bring the eaglet to the Sanibel clinic if additional medical attention was thought to be needed. Dr. Heather Barron, CROW's hospital director, made the decision that E8 required a medical exam and supportive care (food, water) to help build its strength and weight. Three days later, the eaglet was re-nested at his home base.

Then, on May 8, CROW volunteers were back at the site when E8 was disclosed to be injured on the ground near the nest after reportedly being struck by



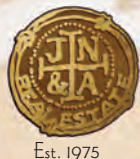
Dr. Heather Barron examines E8 after surgery at CROW

a great horned owl earlier that morning. All of the action was caught on the Eagle Cam. When CROW volunteers arrived at the nest site, they said E8 ran into the woods and couldn't be captured. The following Friday, May 13, CROW volunteers returned to North Fort Myers and successfully rescued E8 from the banks of Daughtrey Creek, across the street from the nest site.

Back at CROW, E8 was reported to be "thin, dehydrated and very weak." He also had a right leg femur fracture (broken leg) and was brought to the clinic just in time.

"E8 was extremely compromised, critically ill and in very, very bad shape," said Dr. Barron. "He was covered in parasites, and there were abnormalities in its

continued on page 16



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## Animal Baby Shower At The Conservancy



Baby rabbit



Baby river otter



Owlet

The Conservancy of Southwest Florida will host its first wildlife baby shower to help patients at the von Arx Wildlife Hospital on Saturday, June 4 from 10 a.m. to 3 p.m. at the conservancy located at 1495 Smith Preserve Way in Naples.

The nonprofit seeks the community's assistance in securing supplies by sending or bringing a gift item or gift basket so the hospital can best care for its youngest patients.

The hospital has seen a 20 percent increase in admissions within the last year, resulting in a greater need for supplies, ranging from food products to medical items. Donations may be dropped off at the Lutgert Commons Area outside of the conservancy's Welcome Center.

Those unable to attend can donate items online from the von Arx Wildlife Hospital's Amazon Wish List, which will be sent directly to the Conservancy of Southwest Florida. Needed items can also be found at [conservancy.org/](http://conservancy.org/)

babyshower.

Donors receive one free admission to the conservancy's 21-acre Nature Center, and will be entered into a drawing for a chance to join wildlife rehabilitation staff on an animal release or baby bird reneating.

"The von Arx Wildlife Hospital will treat hundreds of baby animals during the spring and summer months, including various birds, mammals and reptiles," said Joanna Fitzgerald, director of the von Arx Wildlife Hospital. "Any donation is greatly appreciated as we rely 100 percent on donations to fund our wildlife hospital."

Monetary donations are also welcome and can be made online at [conservancy.org/helpwildlife](http://conservancy.org/helpwildlife).

From page 15

## CROW Case

biological profile. He was very thin and extremely dehydrated. I do not think he would have made it another day without care."

Dr. Barron performed surgery a day later (Saturday) to repair the injury. Since the femur fracture had begun to heal in an abnormal position, the 90-minute-long surgical procedure required that type 1 external skeletal pins be extended outside of his leg and attached to a connector bar.

"It was a complicated surgery," said Dr. Barron, "but it went very, very well."

The eaglet is now recovering at the

clinic and will be a patient for approximately three months. Last Friday, after a follow-up exam, E8 was upgraded from critical condition to guarded condition based on clinical criteria, such as being more responsive to stimuli, showing more energy, blood work, better stool samples and ability to digest soft, solid pieces of food. Prior to Friday, E8 had been "quiet, alert and responsive" but wasn't showing more positive signs of life energy.

"This morning (May 20), he stood for the first time," said Dr. Barron. "Prior to today, he appeared not to have the energy to care."

E8 has moved from a small cage to a larger one where he can spread his wings. While he is still taking pain medication and receiving supportive care, he is expected to move to a small outdoor cage in a couple of weeks then progress to a larger outdoor cage once he becomes acclimated to his surroundings.

"It's great to know that there are a lot of people that are concerned," added Dr. Barron. "We are very grateful for everyone's support. There are lots of other eagles at the clinic that he will be able to hang out with (after more recovery time)."

*CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).*

## Grants Available For High School Fishing Clubs

The Fishing League Worldwide (FLW) Foundation announced the availability of grants to Student Angler Federation (SAF)-affiliated high school fishing clubs in Florida of up to \$500 per school to establish new or expand existing clubs. The grants are offered via a two-year initiative with the Recreational Boating and Fishing Foundation (RBFF) and the Florida Fish and Wildlife Conservation Commission (FWC).

The grants can be used by school teams/clubs to pay SAF dues for participating students, cover the cost of running team-sponsored tournaments, purchase student jerseys or other club costs. The initiative will help recruit new anglers, retain existing anglers during a critical developmental period, and reactivate lapsed anglers, including parents and grandparents, eager to support fishing as a high school sport.

Florida high school fishing clubs that have at least 10 SAF members or are interested in becoming a SAF-affiliated club are eligible and encouraged to apply for the grants.

"High school fishing in the most impactful recruitment tool that our industry has," said FLW Foundation Director Dave Washburn. "Studies conducted by the Illinois High School Association show that 60 percent of high school fishing

participants do not participate in other school-sponsored sports. This means that participating schools are reaching a whole new segment of the student body, giving them an incentive to make good grades and a sense of school pride that they may not previously have had."

The program will increase sales of youth and regular fishing licenses among high school students and recruit new anglers to the sport. Many youth demonstrate less interest in fishing as they enter high school. This program intends to retain these younger anglers and create lifelong avid anglers who have a strong conservation appreciation.

Funding provided by RBFF will be administered by the FLW Foundation. Additional requirements include completion of aquatic education and/or boater safety courses and a conservation project. All Florida high schools and members of the Home School Cooperative are encouraged to apply. Special consideration will be given to schools that include novice anglers in their club roster.

The Florida High School Fishing Grant application is available online at [FLWFishing.com/Foundation](http://FLWFishing.com/Foundation). Applications are generally reviewed within three to five business days, but may be as long as four weeks. Applicants are encouraged to begin applying as soon as possible.

More information on the FLW Foundation is available at [FLWFishing.com/Foundation](http://FLWFishing.com/Foundation). Questions from the public should be directed to Dave Washburn by emailing [dave.washburn@flwfishing.com](mailto:dave.washburn@flwfishing.com) or calling 270-252-1607.

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# High School Seniors Earn Scholarships



Bennett Hunter, Jasmin Jaimes, Julia East, Grace Speas and Danielle Plecki

The Speakers Assembly of Southwest Florida awarded four \$2,500 scholarships to high school seniors Jasmin Jaimes, Bennett Hunter, Danielle Plecki and Grace Speas.

Jaimes, a senior at Immokalee High, has been Key Club president, National Honor Society (NHS) historian and Varsity Golf Team captain. She is also taking courses at Florida Gulf Coast University and was on the President's List for both the spring and fall semesters last year. Upon graduation, she will have earned enough credits to be considered a college junior. Jaimes plans to major in Psychology at the University of Florida.

Hunter, a senior at Dunbar High, is a specialist in computer gaming and a founder of the school's Tiger Tech Club. He is captain of the Academic Team, president of the Video Game Creation Club and a member of the NHS. In the community, Hunter is a Dunbar STEM Outreach Ambassador, math tutor and NHS volunteer. In 2013, he won second place in the National Championship for Microsoft PowerPoint, and first and second place in the 2014 and 2015 Edison Science Fair. Hunter expects to major in Computer Science at Rice University.

Plecki, a senior at Fort Myers High, is a member of the NHS, and the Rho Kappa, Mu Alpha Theta, Spanish and Science honor societies. Plecki is founder and president of the Bridge the Gap tutoring program and volunteers with the Three Oaks Elementary Summer Program and Young Life Youth Ministries. In

2015, Plecki won first place in the Regional Science and Engineering Fair and first place in the Regional Film Fest for comedy. She will pursue a combination major of Computer Science and Aerospace Engineering at either the University of Illinois at Urbana-Champaign or the Massachusetts Institute of Technology.

Speas, a senior at Fort Myers High, is in her second year as editor-in-chief of the school yearbook and is a member of the NHS and. She is an active member of the Student Government Association and Key Club. Speas volunteers with the Alliance of the Arts Summer Camp, the Ronald McDonald House and the Vacation Bible School at Cypress Lake United Methodist Church. She plans to major in Journalism at the University of Texas.

For information about the scholarship selection process, call 948-7909 or visit [SpeakersAssembly.com](http://SpeakersAssembly.com).

From page 1

## Awards Presented



Dale Weber's idelible ink entry

throughout the show and the winner revealed during the Art Talk and Closing Party on Tuesday, June 21 from 6 to 8 p.m.



YouHaveTheKey by Yvonne Krystman

The Sidney & Berne Davis Art Center is at 2301 First Street. Visit [sbdac.com](http://sbdac.com) for more information.

From page 1

## Reception



Children of Water and Air, acrylic, by Megan Kissinger

Messersmith will lead a Gallery Walk and Talk on Saturday, June 4 at 10 a.m.

Elemental Stone and Waterworks is the exhibit sponsor.

The Alliance campus and galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays. They are located at 10091 McGregor Boulevard in Fort Myers.



Bali Selfie, batik on silk, by Muffy Clark Gill



Life Is Good, oil and spray enamel, by Rick Plummer

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# Red Sox Resurgence Has Boston Fans Forgetting Dire Preseason Predictions



by Ed Frank

It was just seven weeks ago when the Boston Red Sox left here at the conclusion of spring training amid swirling controversies and rumors.

Manager John Farrell reportedly was on a “short leash” if the team didn’t get off to a good start in the 2016 season. Last place finishes in three of the last four seasons added to the pressure on Farrell.

The huge long-term contracts awarded a year ago to Hanley Ramirez (four years, \$88 million) and Pablo Sandoval (five years, \$90 million), both of whom performed poorly in 2015, were loudly criticized by the Red Sox faithful.

And many questioned the wisdom of shelling out \$217 million in the off-season to sign pitcher David Price for seven years.

But that was seven weeks ago and it’s sure a different outlook today with the season nearing the one-third mark.

As this week began, Boston was 27-17 and in a virtual tie with Baltimore for first place in the American League’s Eastern Division.

Thunderous offense and great pitching have led to the early season success.

The most exciting part of the Boston turnaround is the hitting streak of center-fielder Jackie Bradley, Jr. Through Sunday, Bradley’s streak of 27 straight games was the longest in the major leagues since Nolan Arenado of the Colorado Rockies had a 28-gamer in 2014.

He was nearing the half-way mark of Joe DiMaggio’s historic 56-game hitting streak in 1941, and if the streak continues, it will soon generate national media attention. The Red Sox record is 34 straight, set by Dom DiMaggio in 1949.

Let’s look at other reasons for the 2016 Red Sox success:

Shortstop Xander Bogaerts, just 23 years old, was tops in the American League with a .346 batting average; Bradley was second at .342. Ageless David Ortiz was fourth with a .329 average.

The 40-year-old Ortiz, who has announced his retirement at the end of the season, had 37 RBIs, second best in the AL, and leads the league in doubles with 19. Red Sox fans are clamoring for Big Papi to reconsider retirement.

Boston has the league’s top team batting average at .296.

Red Sox pitching is equally impressive.

Right-hander Rick Porcello’s seven wins trailed only Chris Sale of the White Sox, who had nine. Price was right behind with a 6-1 record. And reliever Craig Kimbrel, whom Boston also acquired in the off-season, was tied for the league’s best with 12 saves.

And the Ramirez-Sandoval ruckus is a distant memory. Sandoval is out for the season with an injury, and Ramirez, who was moved to first base, is earning his money with a hefty .315 batting average.

Yes, the doom and gloom of the Red Sox seven weeks ago is now forgotten.

## SPORTS QUIZ

1. In 2015, pitcher Jorge De La Rosa became the all-time leader in victories for the Colorado Rockies. Who had held the mark?
2. Two major-league players during the 1960s won the Rookie of the Year Awards in the same season they were on a pennant-winning team. Name either one.
3. Marcus Mariota, in 2014, became only the second college football player from the Pacific Northwest to win the Heisman Trophy. Who was the first?
4. In 2015, Detroit’s Brandon Jennings had a game of 24 points and 21 assists. Who was the last Piston to have at least 20 points and 20 assists in a game?
5. How many NHL seasons did goaltender Martin Brodeur play for the New Jersey Devils?
6. In 2015, Martin Truex Jr. became the first NASCAR Cup driver since 1969 to have 14 top-10 finishes in the first 15 races of a season. Who did it in ‘69?
7. When Angelique Kerber won the Australian Open in 2016, she was the first German woman to win the singles title since Steffi Graf. When was Graf’s last title?

## ANSWERS

1. Aaron Cook, with 72 wins (2002-11). 2. Tom Tresh with the New York Yankees in 1962, and Jim Lefebvre with the Los Angeles Dodgers in 1965. 3. Terry Baker of Oregon State in 1962. 4. Isiah Thomas had a 20/20 game in 1985. 5. Twenty-one seasons. 6. Richard Petty. 7. It was 1994.

### Islands Night Returns Next Wednesday.

The 23d annual Islands Night is next Wednesday night at Hammond Stadium, with the Fort Myers Miracle opposing the St. Lucie Mets at 7:05 p.m.

The fun evening was started by the late Sam Bailey for local residents to gather for a fun evening of baseball and camaraderie. Free tickets are available at Bailey’s General Store and other island sponsor locations.

Islands Night next Wednesday is the second in a seven-game homestand for the Miracle, who began the week with a 24-21 season record, good for a first place tie with St. Lucie in the Florida State League’s South Division.

St. Lucie is here Tuesday through Thursday and Daytona Friday through the following Monday.\*

### Lake Kennedy Senior Center Sittercise Class

Enjoy a fun way to start your day with Sittercise at the Lake Kennedy Senior Center terrace. This sitting calisthenics class, where participants use a chair for support while doing gentle exercises, begins on Wednesday, June 1.

Amanda Pendergrast with Griswold Homecare, community partner, will lead participants through a series of exercises that will help all stay fit and active. Anyone can benefit from sittercise as its

focus is primarily on strength, balance, coordination, flexibility, endurance and overall improved function as you age. Sittercise is a fun way to maintain health as well as decrease the return to the hospital setting after discharge, and to alleviate or prolong the progression of chronic illnesses.

Cost to attend Sittercise classes are \$2 for members or \$4 per non-member.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.\*

## Community Contributions Honored

The Lee County Visitor & Convention Bureau (VCB) and the Greater Fort Myers Chamber of Commerce honored six local individuals and businesses with Chrysalis Awards at the annual Celebration of Business & Tourism Awards Luncheon and Trade Show at the Harborside Event Center in downtown Fort Myers.

In addition, the VCB presented its long-standing annual Junonia Award to Ellis Etter, general manager of Wyndham Garden Hotel on Fort Myers Beach. Created in 2006, the VCB’s Junonia Award recognizes individuals who have positively impacted the local tourism community by demonstrating unique capabilities, leadership, commitment and dedication.

The 2016 Chrysalis honorees: for business development, Chico’s FAS, Inc.; cultural achievement, Artfest Fort Myers, Inc.; education, Florida Gulf Coast University-Colloquium; sports, City of Palms Classic Basketball Tournament; sales and marketing, Florida SouthWestern State College; and for eco-innovation, Captiva Cruises, Inc.

The 43 nominees included area attractions, accommodations, retailers, educational institutions, arts and cultural organizations, transportation companies and other local businesses in six categories.

Nominees were judged on innovation, how they distinguished themselves, their efforts to promote the destination, contributions to business and tourism partnerships for the county, and their work to foster growth and sustainability.\*

## Learn To Row Day June 4

Looking for an excuse to escape the gym and spend some time outdoors? Head to the water for the Caloosa Coast Rowing Club’s National Learn To Row Day event at Cape Harbour, located at the southernmost point of Chiquita Boulevard in Cape Coral on Saturday, June 4 from 8:30 a.m. to 1:30 p.m. Open to ages 13 and up, admission is free and no experience is necessary. Bring sunscreen, sunglasses and water.

This month, more than 75 rowing clubs around the country will open their doors to the public and offer an introduction to the sport of rowing. Learn To Row Day events are not only an ideal opportunity for someone who’s curious

about the sport to give it a try, the day is a chance to build friendship and social networks.

Getting in shape, trying something new, enjoying the outdoors or meeting new people in the community – whatever the reason, learning about the sport of rowing can be an unforgettable experience and have potential to be a life-long endeavor.

There will be tours of the boatyard, some practice on a rowing machine followed by a row out on the water. Rows will last about 20 minutes and go about a mile. This mini-lesson is for absolute beginners.

Also, there will be a lottery where participants can win a spot in the club’s regular three-week rowing class.

For more information, visit [www.caloosacoastrowing.club](http://www.caloosacoastrowing.club) or call Julie at 918-378-6695.\*





Gail Markham, Ginny Dickinson and Vicki Pitbladdo



JoAnne Gillespie and Alicia Graham



Jennifer Galloway and Mary Andrews



Marian Borneman, Peg Cristhal and Judy Biddle



Sarah Owen and Cathleen Morgan



Tessa LeSage and Kathryn Kelly

## Women's Legacy Fund Spring Luncheon

The Women's Legacy Fund (WLF) hosted its spring luncheon on May 12 at Gulf Harbour Yacht & Country Club, exclusively for its contributors and prima donors.

The working luncheon featured table discussions on the fund's next area in bestowing grants to women and girls in Southwest Florida. Dialogue focused on

intergenerational activities, career exploration and youth activities.

"Our contributors are interested in taking a deeper dive into the WLF grant focus areas before making their votes on what to fund, so we formatted the luncheon to be a more intimate gathering in order for everyone to explore and discuss cause areas as a group of collective philanthropists," said Sarah Owen, president and CEO of the Southwest Florida Community Foundation. "This type of thinking and talking together further proves that we can do so

much more together than we could ever do alone."

WLF contributors give a minimum of \$250 each year (\$100 for women younger than 25). The first half of contributions is pooled for immediate annual grants; the second half goes into the WLF's endowment fund, which provides additional grants to be made both now and in years to come. Prima donors are local women who have contributed \$10,000 or more to the WLF endowment.

For more details, call 274-5900 or visit [floridacommunity.com](http://floridacommunity.com).✱



Celebrating the 2015 Lee County Law Enforcement Appreciation BBQ Lunch is, from left, Drew Steele, Steve Drum, Capt. William Murphy Jr., Lt. Tammy Gray, Cmdr. Haberman, Det. Raymond Markovich, Lt. Blake Lee, Karen Ciofani, Capt. Chris Reeves, Sherry Groff, Capt. Matt Powell, Dir. Cherrie McAbee, Vicki Fewell, Lt. Jeff Trusac, Alfie Tounjian, Mary Thompson, Tommie Tounjian, Pastor John Antonucci and David Pavey

## Law Enforcement Appreciation Lunch June 1

Local certified financial planner Alfie Tounjian, founder and president of Advantage Retirement Group, will provide a barbecue lunch for Lee County Law Enforcement on Wednesday, June 1.

Sheriff Mike Scott and several commanders will pick up the lunches from Advantage Retirement Group's home office at 8870 Daniels Parkway in Fort

Myers. They will then deliver lunch to about 650 staff members in the five districts, communications department, MCU, records, tech services, finance, purchasing, core and the jail.

This is the second year Advantage Retirement Group has demonstrated its gratitude to Lee County officers and support staff with its barbecue lunch.

"We wanted to do something nice for our law enforcement men and women," Tounjian said. "Hosting our Lee County Law Enforcement Appreciation BBQ Lunch is a simple, yet tangible, way to thank them for the awesome job they do to protect our community."✱

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Shannon Starr

## Marketing Director Named

Ronald McDonald House Charities (RMHC) Southwest Florida announced the hiring of Shannon Starr as marketing director. Starr's background includes experience in both the corporate and nonprofit sectors working on events, fundraising and marketing.

Starr will be responsible for marketing, fundraising, branding and promotion of Ronald McDonald House Charities Southwest Florida through special events, and identification and cultivation of donor prospects and opportunities.

Starr has worked in nonprofit marketing, event planning and fundraising as well as business development and marketing in the for profit arena. Her passion for helping others has been the driving force behind her success.

For more information, contact Shannon Starr at 437-0202 or [shannon@rmhcsfwfl.org](mailto:shannon@rmhcsfwfl.org).

## Firm Collects 180 Pounds Of Food For Food Bank

Midland IRA in Fort Myers organized a food drive for Harry Chapin Food Bank of Southwest Florida to get the community and company involved during a time when there are not as many food drives happening.

The self-directed retirement plan administrator brought in three local food trucks during the collection days throughout April and collected 180 pounds of food, totaling roughly 200 cans. The items consisted mostly of instant mashed potatoes, pasta, macaroni and cheese, rice, canned vegetables and soup. The company plans on organizing another food drive later this year.

"We had a great turnout during each of the collection dates" said Dave Owens, president & CEO of Midland IRA, "It's nice to see everyone participating for a great cause."

## Airport Honors Executive Director

Robert M. Ball, AAE, executive director of the Lee County Port Authority, was named the 2016 Airport Professional of the Year by the Southeast Chapter of the American Association of Airport Executives at the SEC-AAAE annual conference in Greenville, S.C.

The award, in its 20th year, is presented to an outstanding airport professional, and is based on the nominee's professionalism, knowledge and integrity in dealing with airport issues and the community. Ball is the only airport professional to be awarded the honor three times.

As executive director, Ball directs the administration, operations and development of Southwest Florida International Airport and Page Field in Fort Myers.

### Financial Focus

## A 529 Plan Can Help With Those College Bills



by Jennifer Basey

We're at the end of another school year. If you have younger kids, you might be thinking about summer camps and other activities. But in the not-too-distant

future, your children will be facing a bigger transition as they head off to college. Will you be financially prepared for that day?

A college education is a good investment – college graduates earn, on average, \$1 million more over their lifetimes than high school graduates, according to a study by Georgetown University – but a bachelor's degree doesn't come cheap. For the 2015–2016 school year, the average expense – tuition, fees, room and board – was \$19,548 at a public four-year school and \$43,921 at a four-year private school, according to the College Board. And, by the time your children are ready for college, these costs may be considerably higher, because inflation is alive and well in the higher education arena.

Your children may be eligible for some types of financial aid and scholarships. But even so, you may want to consider some college-savings vehicles – and one of the most popular is a 529 plan.

A 529 plan offers a variety of benefits, including the following:

- High contribution limits – A 529 plan won't limit your contributions based on your income. In all likelihood, you can contribute as much as you want to a 529 plan, as many states have contribution limits of \$300,000 and up. And you can give up to \$14,000 (\$28,000 for a

married couple filing jointly) per year, per child, without incurring any gift taxes.

- Tax advantages – Your earnings can accumulate tax free, provided they are used for qualified higher education expenses. (529 plan distributions not used for qualified expenses may be subject to federal and state income tax, and a 10 percent IRS penalty on the earnings.) Furthermore, your 529 plan contributions may be eligible for a state tax deduction or credit if you participate in your own state's plan. But 529 plans vary, so check with your tax advisor regarding deductibility.

- Freedom to invest in any state's plan. – You can invest in a 529 plan from any state, but that doesn't mean your child has to go to school there. You could live in one state, invest in a second state's plan and send your student to school in a third state, if you choose.

- Money can be used for virtually any program – Upon graduating from high school, not all kids are interested in, or prepared for, a traditional four-year college. But you can use your 529 plan to help pay for qualified expenses at a variety of educational institutions, including two-year community colleges and trade schools.

Of course, a 529 plan does have considerations you will need to think about before opening an account. For example, your 529 plan assets can affect your child's needs-based financial aid, but it might not doom it. As long as the 529 assets are under your control, they typically will be assessed at a maximum rate of 5.64 percent in determining your family's expected contribution under the federal financial aid formula, as opposed to the usual 20 percent rate for assets held in the student's name.

In any case, though, a 529 plan is worth considering. But don't wait too long – as you well know, your kids seem to grow up in the blink of an eye.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).*



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## Duncan Promoted At Port Authority

The Lee County Port Authority has promoted Gary E. Duncan, CM, to deputy executive director of aviation for the authority effective June 1.

In this new role, Duncan will lead the largest division of nearly 300 employees at Southwest Florida International Airport and Page Field. Duncan is responsible for the fiscal, administrative and operational oversight of maintenance, the Airport Police Department, contract management, operations and safety, aviation programs and technology, and Aircraft Rescue & Fire Fighting as well as Base Operations at Page Field.

Duncan joined the Lee County Port Authority in 2001 as division director of aviation. Prior to that, he worked at the Jacksonville Port Authority for nine years. From 1985 to 1992, Duncan was on active duty with the U.S. Navy as an aviation electrician. Duncan retired from the U.S. Naval Reserve in 2005.

To advertise in *The River Weekly News* Call 415-7732



## Public Relations Firm Announces Changes

Gravina, Smith, Matte & Arnold Marketing and Public Relations has named Angela Bell and Jennifer Hamilton associate partners and welcomed Maryann Grgic as public relations counselor.

Bell, who has been with the firm since 2008, has been promoted to associate partner. She has expertise in developing and implementing highly successful strategic public relations and marketing programs for leading corporations and nonprofit organizations. Bell graduated from Florida Gulf Coast University with a bachelor's degree in communication. She serves on the board of directors for the Florida Gulf Coast University Alumni Association and Tiger Bay Club of Southwest Florida.

Hamilton joins the firm from Hill+Knowlton Strategies, a global public relations agency, where she was an account supervisor in the company's corporate communications practice in Tampa. She has expertise in media relations and thought leadership programs, internal communications and social marketing/behavior change campaigns. She graduated from Florida Gulf Coast University with a bachelor's degree in communication. PR News honored her in 2014 as a



Angela Bell



Jennifer Hamilton



Kara Hado Minoui



Maryann Grgic

## Distinguished Entrepreneur Named

Christopher T. Spiro, owner and CEO of Spiro & Associates, was named the Distinguished Entrepreneur of Southwest Florida by the Florida Small Business Development Center (FSBDC) at Florida Gulf Coast University.

The award recognizes a small- to mid-sized business for its outstanding success. Additionally, as part of the award, Spiro has been nominated by the FSBDC as the Small Business Administration's Small Business Person of the Year 2017.

Two new awards were presented by the FSBDC this year. John Benkert, CEO of CPR Tools Inc., was named Distinguished Business Innovator of the Year, for his technological advances in the field of data recovery. Judy Williams, owner of SPADA Salon & Day Spa, was awarded Business Advocate of the Year for her contributions to Southwest Florida nonprofit community.

The awards ceremony was made possible by title sponsor Markham, Norton, Mosteller, Wright & Company, PA.

The FSBDC at FGCU offers one-on-one, confidential, no-cost consulting and low-cost workshops for businesses throughout Lee, Collier, Charlotte, Hendry and Glades counties.

For more information, call Amanda Stirn at 745-3706 or 410-1133, or email [astirn@fgcu.edu](mailto:astirn@fgcu.edu).

## Kiwanis Raffle Raises Funds

The Fort Myers Metro-McGregor Kiwanis raised \$2,175 with its recent Mother's Day Raffle, which benefits the club's Bringing Up Grades (BUG) program, service leadership programs and other community service projects.

The three raffle winners won a grand prize worth \$1,725, a second prize worth \$800 and a \$285 third prize.

Local businesses who donated to the raffle included: Diamonds by Dianne, Ruth Messmer Florist, Norman Love Confections, Charles Dodson Insurance Agency, Broadway Palm, Island Aire of Southwest Florida, Ty Brantley Massage, Natalie's Skin Solutions, Pure Florida, Matanzas on the Bay, Spada and Tuffy Auto Service.

The BUG program provides recognition to local elementary school students who raise their grades to an acceptable range and maintain or continue to raise them from one grading period to the next. The club also supports K-Kids at Littleton Elementary School, Builders Club at Cypress Lake Middle School, Key Club at Florida SouthWestern Collegiate High School and Aktion Club at LARC, Inc.

For details on joining, call membership chair Stewart Ross at 507- 304-1624 or club president Heather Chouinard at 332-4440, or email [stewart.ross@mnsu.edu](mailto:stewart.ross@mnsu.edu) or [Heather.Chouinard@IBERIABANK.com](mailto:Heather.Chouinard@IBERIABANK.com). Learn more by visiting [metro-mcgregor.com](http://metro-mcgregor.com).

Rising Star 30 and Under, a recognition awarded to up-and-coming PR leaders across the country.

Grgic previously served as community relations and governmental affairs director with Neal Communities, where she oversaw the company's public affairs practice, including community relations programs, public outreach and public policy strategy, media relations and crisis management. She holds a bachelor's degree in business administration from Indiana University.

The trio joins Kara Hado Minoui, senior public relations counselor, who has managed strategic marketing and public relations programs for the firm's clients in various sectors since 2014. Minoui has more than 25 years of experience in publishing, account service, and nonprofit communications and holds a bachelor's degree in English from Pennsylvania State University.

Laurel Smith, APR, who joined the firm in 1984, is stepping back from account management and day-to-day operation of the firm in late-June and will serve of counsel. Tina McCain Matte, who joined the firm in 1999, becomes the sole managing member of the LLC, overseeing the firm's nine full-time staff and numerous contract professionals.

## Candidate Forums At The Alliance

The Alliance for the Arts and The League of Women Voters of Lee County invite the public to participate in a series of four weekly forums with candidates running for non-partisan Lee County offices beginning on June 30. The forums will take place on Thursday evenings from 6:30 to 8 p.m. in the Foulds Theater at the Alliance, located on the corner of McGregor and Colonial Boulevards in Fort Myers. Uncontested seats are not part of this series.

Scheduled forums include:

- June 30 – Candidates for Lee Memorial Hospital Board
- July 7 – Candidates for Lee County School Board At Large seats
- July 14 – Candidates for Lee County Supervisor of Elections
- July 21 – Candidates for Lee County Commissioner

The forums will be conducted according to the guidelines of the League of Women Voters of Lee County who will also moderate, time and screen questions from the audience. The format will include a three minute opening statement by each candidate, one minute to answer each question by each candidate and a two minute closing statement. Any time remaining will be an opportunity for the candidates to meet with the attendees.

For questions or more information, contact Jim Pelstring at [rjpelstring@gmail.com](mailto:rjpelstring@gmail.com) or 839-0178.

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## Book Review

## Stalin's Daughter

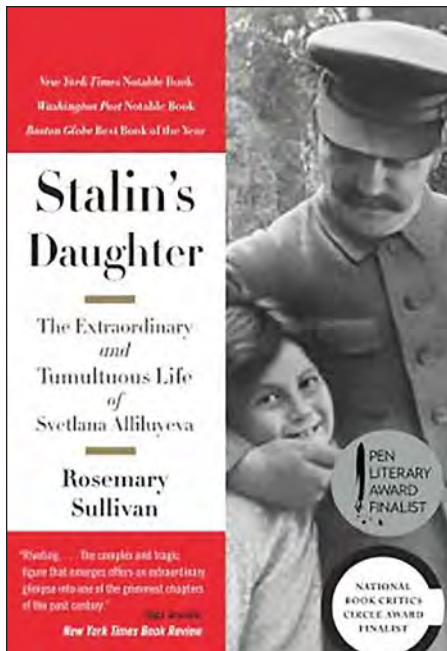


by Di Saggau

In *Stalin's Daughter, The Extraordinary and Tumultuous Life of Svetlana Alliluyeva*, Rosemary Sullivan gives the reader a complex and tragic look into one of the grimmest

chapters of the past century. Born in 1926, Svetlana Alliluyeva, (she adopted her mother's maiden name later in life), spent her youth inside the Kremlin as her father's power soared along with that of the Soviet Union. Eighty-five years later, she died alone and penniless in rural Wisconsin as Lana Peters. This book reveals the many lives of Joseph Stalin's daughter. It's a riveting portrait of a woman who fled halfway around the world to escape her birthright.

While she was protected from the mass starvation and murder that her father inflicted upon Soviet citizens, she was not immune to tragedy. She lost almost everyone she loved. Her mother, Nadya, committed suicide when Svetlana was only 6-1/2 years old. That same night Nadya had refused to raise her glass in Stalin's toast to "The destruction of enemies of the state." She was 31. Her father's merciless purge also claimed the



lives of aunts and uncles and her lover, who was exiled to Siberia.

After her father's death, Svetlana discovered the extent of his cruelty. As a young man, Stalin was beaten brutally by his father and also suffered notorious brutality from Orthodox priests, who punished their students with solitary confinement for days in dungeon like cells. Svetlana felt this had shaped her father's penchant for cruelty.

In the middle of her life at the age of 41, on the evening of March 6, 1967, she walked into the American Embassy

in New Delhi requesting asylum. This was an escape from her past and search for the freedom denied to her in the Soviet Union, where she claimed that she was treated like government property.

When she finally arrived in New York, there were more people to greet her at the airport than had been there for the Beatles in 1964. Svetlana left two children behind in Russia, a decision that constantly haunted her. In America, she found only more heartbreak and was terribly mistreated by the press.

Harper & Row paid Svetlana \$1,500,000 dollars for rights to her book, *Twenty Letters to a Friend*, the memoir she had written in 1963 and carried out of the Soviet Union. An astonishing sum back then. Only Churchill's memoirs had sold for more. Sadly, she did not understand the concept of money. She gave away much of it and soon lost the rest to the manipulations of Olgivanna Wright, the widow of Frank Lloyd Wright, who lured her into marriage with Wesley Peters, the head architect of Wright's Taliesin Foundation. At age 45, Svetlana gave birth to Olga Peters. Her daughter would be the love of her life.

With access to FBI, CIA and Russian State Archives, and with the close cooperation of Svetlana's daughter, Rosemary Sullivan has created a masterly biography that is epic in scope yet narrated with remarkable intimacy.\*

## High School Graduates Earn College Degrees

Florida SouthWestern State College Collegiate High School (FSWC-Lee) honored 82 graduates during its commencement ceremony on Saturday, May 7 at the Barbara B. Mann Performing Arts Hall. Of these graduates, 53 had already received their FSW associates in arts (AA) degree at the college's commencement ceremony on May 6.

"We are very proud of all of our graduating students," said Dr. Brian Botts, FSWC-Lee principal. "They have worked hard to earn not only their high school diploma, but for many, their AA degree as well."

Students in the FSWC-Lee 2016 graduating class applied to over 110 universities throughout the nation, with nine continuing their education at FSW. The class earned \$8 million in scholarships and grant offers.

"We have one student who received over \$750,000 worth of scholarships offers, three students with over \$500,000 in offers and four students with over \$100,000 in offers," Botts added.\*

## School Smart



by Shelley M. Greggs, NCSP

**Dear Shelley,**  
My second grade son loves to read. He is doing very well with his reading, and we go to the library often to select books for him. With summer

vacation coming soon, I know he will be reading even more books. How can I help him choose appropriate books?

Grace K., Sanibel, Florida

Grace,

How wonderful that your son enjoys reading! A student who likes reading usually is successful in school. In fact recent research by Donald J. Hernandez, a sociology professor at Hunter College indicates that a student who can't read on grade level by 3rd grade is four times less likely to graduate by age 19 than a child who does read proficiently by that time. So, it is crucial to start the reading habit very early in a child's life.

You bring up a great topic of book choices for children. It is important for children to select books at their appropriate reading level to avoid boredom from a book that is too easy or frustration from a book that is too difficult. Children need to pick books in their "comfort zone." This means that the child can read well enough to understand the text, accord-

ing to Elaine L. McKwan, author of *Choosing a Book in the Comfort Zone*. McKwan further says that there are three components to reading in the comfort zone: 1) the student is able to sound out at least 95 percent of the words; 2) he/she is familiar with at least 90 percent of the words; 3) he/she understands and can use at least 75 percent of the words.

When your child picks a book that seems interesting, you both should peruse the book and check the size of the font, number of pages and types of illustrations. Read the front and back covers as well to see if the book still appeals to your child. A quick way to determine if the book is an appropriate match for your child's reading level is to have your child read several paragraphs aloud from various sections of the book. If your child can read most of the words without difficulty and can then explain the paragraph orally, you have most likely found a book in your child's comfort zone that will be a good book selection. Librarians are a great resource and are very knowledgeable. They are willing to help you with recommendations for book choices. Happy fun reading this summer!

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\*

## Summer Teacher Recruitment Fair

The School District of Lee County is hosting its Summer Teacher Recruitment Fair for prospective education professionals on Thursday, June 23 from 9:30 to 11:30 a.m. at the Lee County Public Education Center, located at 2855 Colonial Boulevard in Fort Myers. Those interested in receiving an invitation to the fair can register online at [www.leeschools.net/careers](http://www.leeschools.net/careers) to the "Summer Teacher Recruitment Fair" vacancy, using Job ID 20161858. Registration must be completed by June 10.

The district is currently hiring to fill a range of teaching positions, and representatives from schools throughout Lee County will be in attendance to conduct interviews and hire educators for the 2016-17 school year. Potential educators are encouraged to arrange interviews in advance, and are asked to come prepared with a supply of resumes, copies of letters of reference, copies of teaching certificate or statement of eligibility, and a general idea of preferred schools.

Available positions include elementary teachers for grades K-5, special education teachers, science and mathematics teachers, and reading and language arts teachers. For current listings, visit the district's career page at [www.leeschools.net/careers](http://www.leeschools.net/careers). Necessary qualifications include

bachelor's degree or higher, valid Florida teacher certification covering appropriate area of responsibility, demonstrated proficiency in oral and written communication, demonstrated ability to work with diverse groups and experience with industry-standard computer applications. Alternatives to these qualifications are permitted as the Lee County School Board finds appropriate and acceptable.

The School District of Lee County serves more than 93,000 students in 96 schools and is the ninth-largest school district in Florida. Located on the beautiful Gulf of Mexico, the district serves Fort Myers, Fort Myers Beach, Cape Coral, Sanibel and Captiva Islands, Pine Island, Bonita Springs, Lehigh Acres and Alva.

The School District of Lee County provides competitive benefits, and continuing education opportunities are available at Florida Gulf Coast University, Florida SouthWestern State College and other local colleges and universities. The district includes a Microsoft Certified High School, Dunbar High School; a National Blue Ribbon School of Excellence, The Sanibel School; and one of the top International Baccalaureate High Schools in the world, Fort Myers High School.

For more information about the Summer Teacher Recruitment Fair, call 337-8640 or email [careers@leeschools.net](mailto:careers@leeschools.net).\*



## Funds Raised For Hope Kids Care Programs



Judy Spoelhof and Nancy DenBesten



Kay Steffen and Ruth Iverson



Rebekah Pray and Renee Palin



Samira K. Beckwith, Etta Smith and Barbara Caccese



Carol Ann Smoragiewisz and Boots Tolles

The Friends of Hope Women's Committee recently hosted its annual spring luncheon at the Hyatt Regency Coconut Point Resort & Spa, raising nearly \$58,000 to benefit Hope Hospice and its Hope Kids Care and pet programs.

"The continued support of The Friends of Hope Women's Committee allows us to fulfill our mission to provide comforting care to all who need our help," said Samira K. Beckwith, president and CEO of Hope HealthCare Services. "We are so grateful for the committee's dedication, for our sponsors and for all who made this year's Spring Luncheon a success."

Event chairs Barbara Caccese, Etta Smith and Signe Wynne, along with event committee members, coordinated

the celebration for more than 300 guests.

The afternoon included boutique shopping, raffle prizes and a fashion show.

Event sponsors were Mr. and Mrs. Thomas Wynne, American House, Northern Trust, Bonita & Estero magazine and the spring luncheon committee.

To make a donation or for more information, call 482-4673 or visit [HopeHCS.org](http://HopeHCS.org).✱



From left, Therese Row, Joyce Moses, Barbara Rydstrom and Donna Burke

## Humane Society Staff Completes Training

Gulf Coast Humane Society Spay/Neuter clinical and administration staff recently completed training by Humane Alliance Spay/Neuter specialists in Asheville, North Carolina.

The local staff was the 150th team to be trained during the 150th ASPCA Celebration. GCHS was accepted into the program with the purpose to streamline processes, learn new clinical techniques to perform high quality/high volume surgeries and develop marketing strategies for expanding services in the five counties area of Southwest Florida.

The spay/neuter surgery center at the 2010 Arcadia Street location was recently opened thanks to grants from the Southwest Florida Community Foundation, the ASPCA and a private foundation donor. The clinic is a high quality, low cost, affordable facility to combat the overpopulation of pets in the community.

Dr. Thomas Powell, GCHS clinical

surgeon, has performed over 22,000 surgeries since coming to Lee County. Since January 2016, the GCHS Spay/Neuter clinic has performed 1,261 surgeries. Currently surgeries are performed Monday through Thursday by appointment. A public assistance program with surgery cost is available through a grant program.

"Pet overpopulation continues in our area and the GCHS Spay/Neuter Clinic will help those in our community who lack affordable, accessible pet care that most of us take for granted. It is projected that Lee County alone has over 645,000 companion pets and, nationwide, the percentage of pets living in underserved communities who are not spayed or neutered is estimated at 87 percent," said Jennifer Galloway, executive director for GCHS.

The GCHS Spay/Neuter Clinic will be holding an open house for all rescues, private practice veterinary clinics and community partners to share information about the clinic and their services on June 8 from 4 to 6:30 p.m.

For more information about Gulf Coast Humane Society, call 332-0364 or visit [www.gulfcoasthumanesociety.org](http://www.gulfcoasthumanesociety.org).✱

Available at  
[www.AMAZON.COM](http://www.AMAZON.COM)  
[www.EDITORIALRXPRESS.COM](http://www.EDITORIALRXPRESS.COM)

### Female Pioneers of Fort Myers

*Women Who Made a Difference in the City's Development*

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



dearRPharmacist

## All Of Us Have An Autoimmune Disorder



by Suzy Cohen, RPh

**D**ear Readers: It's a scary thought that you could have autoimmune dysfunction even though you may not have been diagnosed with a disorder yet. I think we all have some degree of autoimmunity and if

tested properly, we'd see it. Doctors think autoimmune diseases are "rare" and here I'm saying I think all of us have some degree. I'm not crazy. It's only "rare" because the old-school tests don't detect it until 90 percent of the tissue or organ is completely destroyed.

Tests for autoimmunity are so backwards that until the symptoms are out of control and you're in terrible pain or finally starting to become deformed, the tests don't come back positive. Most of your tissue has to be destroyed or the autoimmune diagnosis is not given.

Take Hashimoto's thyroiditis or Graves' disease for example. These are both autoimmune diseases where your T cells (immune system) destroys your own thyroid gland. But people don't get cured when they take the "standard of care" medications such as thyroid hormone, or when they undergo surgery or radiation.

Why aren't they cured and why don't they feel better when their TSH and other thyroid labs look good?

The answer is easy. It's because none of these medications stops the assault caused by the T cells which are still trying to kill other tissues in the body. There's a full-body cytokine storm of pro-inflammatory compounds making you miserable (even though your hormone levels are normal).

Take any autoimmune disease, the best they tell you to hope for is remission. When you have one autoimmune disease, you almost always have two or three or four. Your body creates antibodies everywhere it sees an invader... why would anyone think it stops at your thyroid, your myelin, your adrenals, your joints and cartilage, or your skin cells?

Here's why you could have multiple disorders going on. It could be a pathogen that's gone undetected. It could be food, that's a big trigger.

Gluten is a hole puncher.

You get gluten when you eat traditional bread, pasta and pastries, most notably from foods cooked with wheat, barley and rye. Gluten pokes holes in your gut, whether or not you have Celiac disease. It's an additive.

Gluten makes your "tight junctions" in your gut come loose, so various undigested proteins (corn, egg, coffee, tapioca) leak out of the holes in your gut, into your blood stream. The proteins aren't supposed to be there, they're supposed to stay in the tube, meaning your gut. Your immune system tags these innocent foreign proteins which only leaked out because your gut is holy and I don't mean that in a good way.

These proteins are in organs and your immune system is poised to destroy the tissue wherever they lodge. It's not just gluten, it could be corn, egg, dairy, coffee and so forth. It differs for everyone. I've written an ebook, specifically on the topic of food, and what foods to avoid. My ebook pertains to Hashimoto's, however, if you have any autoimmune disorder, it will help you. Sign up for my newsletter at [suzycohen.com](mailto:suzycohen.com) and it will come in an email.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## New Hours For Immunizations

**T**he Lee County Department of Health immunization hours have changed to Monday through Thursday from 8 a.m. to 2:30 p.m. and Fridays from 1 to 2:30 p.m. Clients will continue to be seen on a walk-in basis. A limited number of appointments are also available.

Travel vaccines and counseling are available only by appointment and only Tuesday through Thursday.

The department is at 3920 Michigan Avenue in Fort Myers. Appointments for immunizations or travel vaccines can be made by calling 461-6100. Visit [lee.floridahealth.gov/programs-and-services/wellness-programs/immunizations/index.html](http://lee.floridahealth.gov/programs-and-services/wellness-programs/immunizations/index.html).

## Honoring Those Who Help Babies

**T**he Healthy Start Coalition of Southwest Florida plans on honoring individuals who give babies a healthy start in life by bestowing their Golden Baby Shoe Awards.

Nominations are being accepted until Wednesday, June 15, for the 7th annual awards, culminating with a gala on Saturday, August 27, at Shadow Wood Country Club, 22801 Oakwilde Boulevard, Bonita Springs.

Awardees are selected based upon a certain criteria. The individual must be a doctor, nurse, mid-wife, social worker or other health care/social service provider directly caring for pregnant women, new mothers and/or babies. He/she must also make a positive impact on improving the health of mothers and babies, demonstrate enthusiasm and dedication, be respected by colleagues and clients, provide services in Lee, Collier, Glades or Hendry counties and go above and beyond the normal job description.

Past awardees are not eligible, and nominees are limited to two per person.

Complete and/or print a nomination form by going to [GoldenBabyShoe.org](http://GoldenBabyShoe.org).

Nominations will be reviewed by the Awards Selection Committee. Awardees will be notified by July 31.

For details, call 425-6920.✱

Doctor and Dietician

## Healthy Weights



by Ross Hauser, MD and Marion Hauser, MS, RD

**T**here is a growing belief that lifestyle and genetics are what determine one's health, rather than just a dress or pants size. One development is the fat-acceptance movement, which leans to the belief that extra weight may not be ideal, but it sure beats dieting. They refer to extreme yo-yo dieting, which can over time slow your metabolism and cause cardiac stress and lead to even further weight increases. On the other side of this coin are those who oppose the case for "healthy fatness." They state that extra weight can increase disease risk such as developing breast cancer and heart disease.

We feel that it is best for your body to remain at a "healthy" weight. We

agree that people are obsessed with dress size and weight. However, we also agree that obesity can lead to disease. Overweight or thin, folks need to get up off the couch and start moving around. Exercise is key. Immobility contributes to arthritis, chronic pain, obesity, heart disease and diabetes. Women, in particular, need to build strength to prevent osteoporosis. We find that those who lead active lifestyles are often better off than those who are extremely thin but are inactive and tend to have worse overall health than their more active counterparts. Exercise and activity boosts metabolic function and typically also results in muscle-building and weight/fat loss ... let alone the mental and emotional wellbeing benefits. Our goal for you is to become fit, healthy and strong and lose some excess weight in the process. You may need to make some changes, such as the way you eat and increasing your activity level, but the effort will be well worth the benefits of increased energy and feeling of wellbeing.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✱

## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

We have a lovely cottage in the woods on a large lake that we love and enjoy and, to our good fortune, it has also appreciated almost tenfold since our purchase.

We are getting older now, and the upkeep and taxes are beginning to cause us problems.

Our daughter-in-law loves the cottage but our relationship with her has always been strained. My husband wants to sell

rather than let her enjoy the fruits of his good fortune, but I hate to sell it and deprive our son and grandchildren of the pleasure the cottage might give them. What can you suggest we do?

Muriel

### Dear Muriel,

Perhaps you can work out an option for your son to assist with the taxes and upkeep of the cottage for the use of the cottage. On another note, why would you want to deprive your son and grandchildren the cottage because you do not like your daughter-in-law? Seems to be a choice based on spite. Decisions motivated by spite might feel good in the immediate but do not reflect well on one's character, and there are almost always unforeseen hurtful consequences.

Pryce

### Dear Muriel,

Your husband seems to have a real problem – so bad that he is willing to deprive your son and grandchildren the pleasure the cottage could bring them.

He made the money and the financial investment so I guess he feels he has the right to do as he pleases.

We all have the right to make our own decisions, and you can't change him so I would suggest you don't even try, because it will only make your life more stressful, but it is a most unfortunate situation.

Lizzie

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).✱



PETS OF THE WEEK



Alex ID# 658231



Padme ID# 661437

**H**ello, my name is Alex. I'm a 1-1/2-year-old male brown brindle and white pit bull terrier. Not too many guys are handsome, muscular, smart, tender and loving. I'm all those things and more. I love socializing with my doggie friends at the shelter but, most of all, I love running up to greet my human friends. Could we be friends for life?

My adoption fee is \$40 (regularly \$75) during Animal Services' "There's No Place Like Home!" adoption promo.

Hi, I'm Padme. I'm a 3-year-old spayed female brown tabby domestic long hair. I'm a beautiful, front-declawed feline with unique coloring and a big fluffy tail. However, my best feature is the love and attention I give to everyone, both people and other kitties.

My adoption fee is \$40 (regularly \$50) during Animal Services' "There's No Place Like Home!" adoption promo.

*For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.*

*The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.*

*All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.*

*The adoption package is valued at \$500.\**



Emergency.....	911
Lee County Sheriff's Office .....	477-1200
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
HealthPark Medical Center .....	1-800-936-5321
Ft. Myers Chamber of Commerce .....	332-3624
Foundation for Quality Childcare .....	425-2685
Fort Myers Beach Chamber of Commerce .....	454-7500
Fort Myers Beach Library .....	463-9691
Lakes Regional Library .....	533-4000
Lee County Chamber of Commerce .....	931-0931
Post Office .....	1-800-275-8777
Visitor & Convention Bureau .....	338-3500
<b>ARTS</b>	
Alliance for the Arts .....	939-2787
Arts For ACT Gallery & Studio .....	337-5050
Art League Of Fort Myers .....	275-3970
Barbara B. Mann Performing Arts Hall .....	481-4849
BIG ARTS .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Cultural Park Theatre .....	772-5862
Edison Festival of Light .....	334-2999
Florida Repertory Theatre at the Arcade .....	332-4488
Florida West Arts .....	948-4427
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	489-1800
Harmony Chorus, Charles Sutter, Pres .....	481-8059
Naples Philharmonic .....	239-597-1111
The Schoolhouse Theater .....	472-6862
SW Florida Symphony .....	418-0996
Theatre Conspiracy .....	936-3239
Young Artists Awards .....	574-9321
<b>CLUBS &amp; ORGANIZATIONS</b>	
Angel Flight .....	1-877-4AN-ANGEL
Animal Refuge Center .....	731-3535
American Business Women Association .....	357-6755
Audubon of SWFL .....	339-8046
Audubon Society .....	472-3156
Caloosahatchee Chapter DAR .....	482-1366
Caloosahatchee Folk Society .....	321-4620
Cape Chorale Barbershop Chorus .....	1-855-425-3631
Cape Coral Stamp Club .....	542-9153
duPont Company Retirees .....	454-1083
Edison Porcelain Artists .....	415-2484
Embroiderers Guild of America - Sea Grape Chapter .....	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy .....	728-3743
Friendship Force Of SW FL .....	561-9164
Garden Club of Cape Coral .....	239-257-2654
Horticulture and Tea Society .....	472-8334
Horticultural Society .....	472-6940
Lee County Genealogical Society .....	549-9625
Lee Trust for Historic Preservation .....	939-7278
NARFE(National Active & Retired Federal Employees .....	482-6713
Navy Seabees Veterans of America .....	731-1901
Paradise Iowa Club of SWFL .....	667-1354
Sons of Confederate Veterans .....	332-2408
Southwest Florida Fencing Academy .....	939-1338
Southwest Florida Music Association .....	561-2118
<b>Kiwanis Clubs:</b>	
Fort Myers Beach .....	765-4254 or 454-8090
Fort Myers Edison .....	694-1056
Fort Myers South .....	691-1405
Gateway to the Islands .....	218-5768
Iona-McGregor .....	482-0869
<b>Lions Clubs:</b>	
Fort Myers Beach .....	463-9738
Fort Myers High Noon .....	466-4228
Estero/South Fort Myers .....	898-1921
Notre Dame Club of Lee County .....	768-0417
POLO Club of Lee County .....	477-4906
Rotary Club of Fort Myers .....	332-8158
Sanibel-Captiva Orchid Society .....	472-6940
United Way of Lee County .....	433-2000
United Way 211 Helpline (24 hour) .....	211 or 433-3900
<b>AREA ATTRACTIONS</b>	
Bailey-Matthews Shell Museum .....	395-2233
Burrough's Home .....	337-9505
Calusa Nature Center & Planetarium .....	275-3435
Edison & Ford Winter Estates .....	334-7419
Fort Myers Skate Park .....	321-7558
Imaginarium Hands-On Museum & Aquarium .....	321-7420
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Koreshan State Historic Site .....	239-992-0311
Langford Kingston Home .....	239-334-2550
Ostego Bay Foundation Marine Science Center .....	765-8101
Skatium .....	321-7510
Southwest Florida Historical Society .....	939-4044
Southwest Florida Museum of History .....	321-7430
True Tours .....	945-0405

To be listed in calling card email your information to:  
[press@riverweekly.com](mailto:press@riverweekly.com)



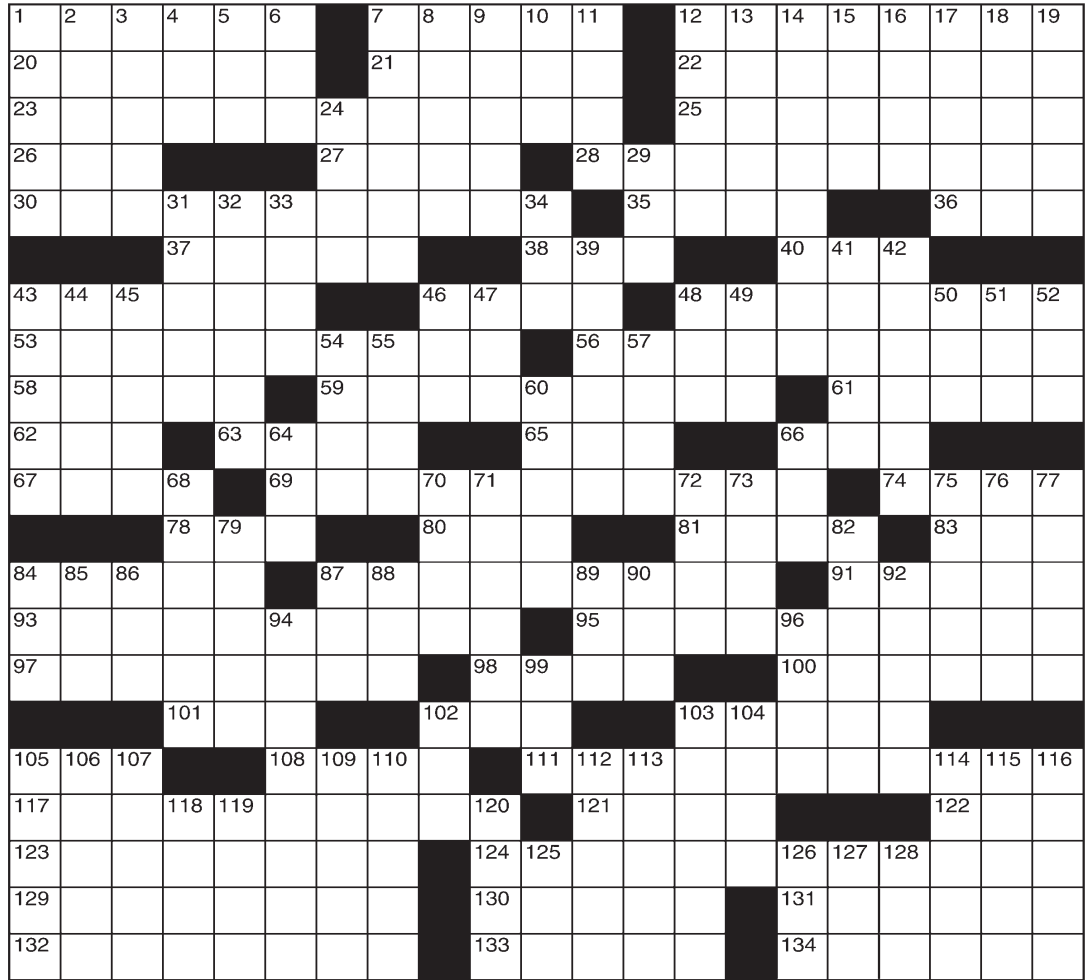
PUZZLES

Answers on page 29

Super Crossword

KEEPING TO ONE SIDE

- ACROSS
- 1 Blazing
- 7 Greek vowel
- 12 Alternative to "mac" or "bud"
- 20 One offering hush money
- 21 Tons
- 22 Mayonnaise, butter or mousse
- 23 Thing pushed by a flight attendant [left hand]
- 25 Unimportant matter
- 26 Atop, to poets
- 27 Not keep in
- 28 Plant that's a drug source [right hand]
- 30 Dog-paddles [left hand]
- 35 Upfront stake
- 36 Date steadily
- 37 "How Do I Live" singer Rimes
- 38 Full of frost
- 40 — chi
- 43 Sore
- 46 Mama's man
- 48 One on the same squad
- 53 Ziploc product [left hand]
- 56 Fashion designer with the "3.1" label [right hand]
- 58 Greene of "Bonanza"
- 59 People hauled in
- 61 Dial and Zest
- 62 "That's —" ("Negative")
- 63 Minnelli of "Cabaret"
- 65 "... — gloom of night ..."
- 66 Double curve
- 67 Hand over formally
- 69 Typing (and the theme of this puzzle)
- 74 Orient
- 78 Charlotte of sitcoms
- 80 Telecast
- 81 Excavates
- 83 "No noise!"
- 84 Rigging poles
- 87 Spike heels
- 91 Autumn bloomer
- 93 University in San Marcos [left hand]
- 95 Hit song from a Leslie Caron film [right hand]
- 97 Recorded in advance
- 98 Light beams
- 100 English Channel swimmer Gertrude
- 101 Vote in favor
- 102 Fast WWW hookup
- 103 Astronomer Tycho who coined the term "nova"
- 105 Tennis unit
- 108 Manage OK
- 111 "What I think is ..." [right hand]
- 117 Strike zone, say [left hand]
- 121 Boat blades
- 122 Livy's 1,006
- 123 Software clients
- 124 American violet [right hand]
- 129 Diverges
- 130 Develop
- 131 Bassett of "Notorious"
- 132 Thin quality
- 133 See 29-Down
- 134 Limy cocktail
- DOWN
- 1 Chief monk
- 2 More relaxed
- 3 Book, in Nice
- 4 1860s prez
- 5 Sea, in Nice
- 6 History topic
- 7 Sci-fi hominid
- 8 Lawful
- 9 Entrée holder
- 10 The woman
- 11 Re
- 12 Country in West Africa
- 13 Folder's call, in poker
- 14 Dull bluish-gray color
- 15 Freak (out)
- 16 Bygone U.S. gas brand
- 17 Some speech flaws
- 18 Jeweler's magnifier
- 19 Not bat —
- 24 Ball dress
- 29 With 133-Across, amounts that rise with raises
- 31 Non-earthling
- 32 Actor Washington
- 33 Very wise
- 34 Put a tear in
- 39 Hostage holder, e.g.
- 41 Wrong
- 42 Force (upon)
- 43 Insurer with a duck icon
- 44 Witchy woman
- 45 Judean king
- 46 Hole number
- 47 Epoch
- 48 Cravat, e.g.
- 49 Lofty trains
- 50 Carte lead-in
- 51 Gratuity
- 52 Letters before ens
- 54 Bulldoze
- 55 Donkey's cry
- 57 Bovine bunch
- 60 Kind of drum
- 64 1950s prez
- 66 Nest nugget
- 68 Galley goofs
- 70 Angling need
- 71 NHL team
- 72 Revered one
- 73 Not yet final, in law
- 75 In motion
- 76 Snail coverer
- 77 Piercing pain
- 79 Appraise
- 82 Gave a quick greeting
- 84 Indy sponsor
- 85 Part of mpg
- 86 Log chopper
- 87 — -Foy, Que.
- 88 Iota
- 89 "Love — neighbor ..."
- 90 "— a shame"
- 92 Actor Martin
- 94 Watch a sports event
- 96 Vault
- 99 Liston fighter
- 102 Poor grade
- 103 "77 Sunset Strip" actor Edd
- 104 Optimistic types
- 105 Earring
- 106 Studio prop
- 107 Fountain in Rome
- 109 Caravan layover sites
- 110 Iron
- 112 Perfectly pitched, in baseball
- 113 Parson's estate
- 114 Motivate
- 115 Future seed
- 116 Bite gently on
- 118 Forbidding
- 119 "My People" writer Abba
- 120 Partially open
- 125 "... — mouse?"
- 126 Spree
- 127 One: Prefix
- 128 "Gigi" studio



King Crossword

- ACROSS
- 1 Creche trio
- 5 Impress greatly
- 8 Rhett's last word
- 12 Terrible guy?
- 13 "Holy cow!"
- 14 Toast topper
- 15 Collapse
- 17 Existed
- 18 Squid's protector
- 19 Cover
- 20 Prepare to propose
- 21 Enthusiast
- 22 Icemen's org.
- 23 Dawdle
- 26 Rocket launcher
- 30 Lotion additive
- 31 Moonshine container
- 32 Desertlike
- 33 Adorned with gems
- 35 "Golden Boy" playwright
- 36 Parcel of land
- 37 "Help!"
- 38 Pitch
- 41 Occupation, for short
- 42 Hot tub
- 45 Georgetown athlete
- 46 Parachutist's thrill
- 48 Mimicked
- 49 Gun the engine
- 50 Astringent
- 51 Mrs. Dick Tracy
- 52 Have bills
- 53 Pleads
- 9 a PC Sheltered
- 10 Unembellished
- 11 Yuletide refrain
- 16 TV chef Bobby
- 20 Frequency meas.
- 21 Mooches
- 22 Gripe constantly
- 24 Milwaukee product
- 25 Queue
- 26 Unopened flower
- 27 Raw rock
- 28 Set of equip-
- 29 Commercials
- 31 Lustrous black
- 34 Depressed
- 35 Seep slowly
- 37 Colander
- 38 Just one of those things?
- 39 Crosby's longtime pal
- 40 Deli loaves
- 41 Make
- 24-Down
- 42 Bargain
- 43 Advertise
- 44 Charitable donations
- 46 To and --
- 47 "Terrif!"
- DOWN
- 1 Calf-length
- 2 Shakespeare's river
- 3 Stare stupidly
- 4 Hostel
- 5 Once more
- 6 Join with a blowtorch
- 7 Slithery swimmer
- 8 Transfers on

MAGIC MAZE ANNUAL RAIN-FALL OF MORE THAN 50 INCHES

S X U R O L J G D A A X V S P  
N K I F C A L X O L I H V S S  
H U N T S V I L L E P M R Q O  
L A T N A L T A E J M E A S H  
E C A X N V T T P A Y R P I N  
L J H F J D L B U M L K Y H M  
E N E G U E E G T A O X V P T  
R P O M A K R R I D E G E M D  
B Z X W N M O B I L E N U E T  
R Q O N L F C A J I G F U M D  
C A Y N O S K C A J X W V J T

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Atlanta  
Eugene  
Fort Myers  
Guam
- Hilo  
Huntsville  
Jackson  
Juneau
- Kodiak  
Little Rock  
Miami  
Mobile
- Olympia  
San Juan  
Tupelo





"It may not be the Heimlich maneuver, but  
it's just as \_\_\_\_\_."

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Accuse  
**GACHRE**

Busy  
**CAVIET**

Loose  
**RADFIT**

Debris  
**FUREES**

**TODAY'S WORD**

answer on page 29

	3	6	1				4	
		1		5		7		3
7					9	5		
	9			2			3	
2			3			1		5
		7			5			6
8			9		3		1	
4	1		7			6		
		9		4			2	8

## SUDOKU

**To play Sudoku:**

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29

## HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Fence board is smaller. 2. Number is missing. 3. Glove is changed. 4. Dog's ears are different. 5. Leg is moved. 6. Shirt name is changed.

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**Cucumber and Sweet Pepper Salad**

2 bell peppers (or 12 small sweet peppers), seeds removed and sliced thin (a variety of colored peppers is recommended)

- 2 cucumbers
  - 1 red onion
  - 1/4 cup fresh parsley, chopped fine
  - 1 tablespoon fresh herbs (basil, thyme, oregano or mint)
  - 2 tablespoons white wine vinegar
  - 1 tablespoon olive oil
  - Sea salt to taste
  - Fresh ground pepper to taste
- Add all ingredients except the salt and pepper to a medium-sized mixing bowl. Lightly toss all ingredients to coat.

Taste salad and adjust seasoning with salt and pepper.

Keep refrigerated and serve cold.

Chef tip: Add 1 cup of feta cheese to this recipe for extra flavor. refrigerate until ready to use.✱



Cucumber and Sweet Pepper Salad

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Royal Shell Real Estate  
\*RS 5/13 CC 6/3

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\*RS 4/29 CC TFN

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### COMMERCIAL RENTAL



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Great location,  
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or 800-592-0009.  
\*NS 4/24 CC TFN

## ANNUAL RENTAL WANTED

### ANNUAL RENTAL WANTED

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Looking for: 2+ bedrooms,  
Under \$2,000.  
Mark 310-866-0032  
\*NS 5/27 CC 6/3

## ANNUAL RENTAL WANTED

### ANNUAL RENTAL WANTED

Island family looking for annual rental.  
No pets,  
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\*NS 5/20 CC 6/3

## ANNUAL RENTAL

### ANNUAL RENTALS SANIBEL

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Escape to France and Italy in 2016. Charming stone cottage in wine village near Bordeaux, sleeps 2, cozyclocktowercottage.com. Apartment in Tuscan farmhouse near Pienza, views, pool, sleeps 4, cozytuscanyapartment.com. Great rates. Call 401-862-2377.  
\*NS 3/11 CC 5/27

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### NEWSPAPER PRODUCTION

Full or part time on Sanibel. Must be detail oriented, proficient in InDesign, and experienced in ad building and pagination. Email resume to islandsunlorin@aol.com.  
\*NS 4/22 NC TFN

### VOLUNTEERS NEEDED!

Looking for a way to stay cool while making a difference to SWFL wildlife this Spring/Summer? The Clinic for the Rehabilitation of Wildlife (CROW) on Sanibel is looking for the following INDOOR volunteer positions:  
- Gift Shop/Visitor Education Center  
- Laundry  
- Transporting sick and injured wildlife to CROW from designated drop off points (your car)  
Due to training, weekly shifts are required. Contact Liz Pearson at 239-472-3644 ext. #229 or email epearson@crowclinic.org. Find an application and more information on our website at www.crowclinic.org. Other volunteer positions also available.  
\*NS 5/13 NC 6/3

## HELP WANTED

### DEVELOPMENT AND COMMUNICATIONS DIRECTOR

Community Housing and Resources, Inc. (CHR) is seeking applicants for a full-time, fully benefitted Development and Communications Director. This position will oversee the fundraising and outreach activities in collaboration with board members, volunteer committees and executive director. Excellent writing and public speaking skills Bachelor's degree in journalism, marketing, public relations, or related field Demonstrated skills, knowledge and experience in the design and execution of marketing, communications, and public relations activities Strong creative, strategic, analytical, organizational, and personal skills Demonstrated experience writing press releases, making presentations, and working with media Experience creating and/or overseeing the design and production of publications Computer literacy in word processing, data base management, and page layout Send resume and cover letter to: Hiring Committee, 2401 Library Way, Sanibel, FL 33957 or kelly@sanibelchr.org by 3pm Wednesday, June 1, 2016. Sanibelchr.org EOE  
\*NS 5/27 BM 5/27

### USCG CAPTAIN

USCG Captain to drive back bay fishing charters. Must have at least a 6-pack license to apply and need to be familiar with local waters and fishing. Fun place to work in the heart of the Ding Darling Refuge. Part time. Position available immediately. Please drop off or email resume and copy of license. 900 Tarpon Bay Rd. ecoerler@aol.com  
\*NS 5/20 CC 5/27

### RETAIL SALES

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\*NS 4/8 CC TFN

## LOST AND FOUND

### ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse Beach by the big driftwood tree on 4/28/16 in the water. If anyone finds, please contact the Sanibel Police or call 864-704-5135.  
\*NS 5/13 NC TFN





# Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31. The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
- Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
- Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
- Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
- Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.

Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).



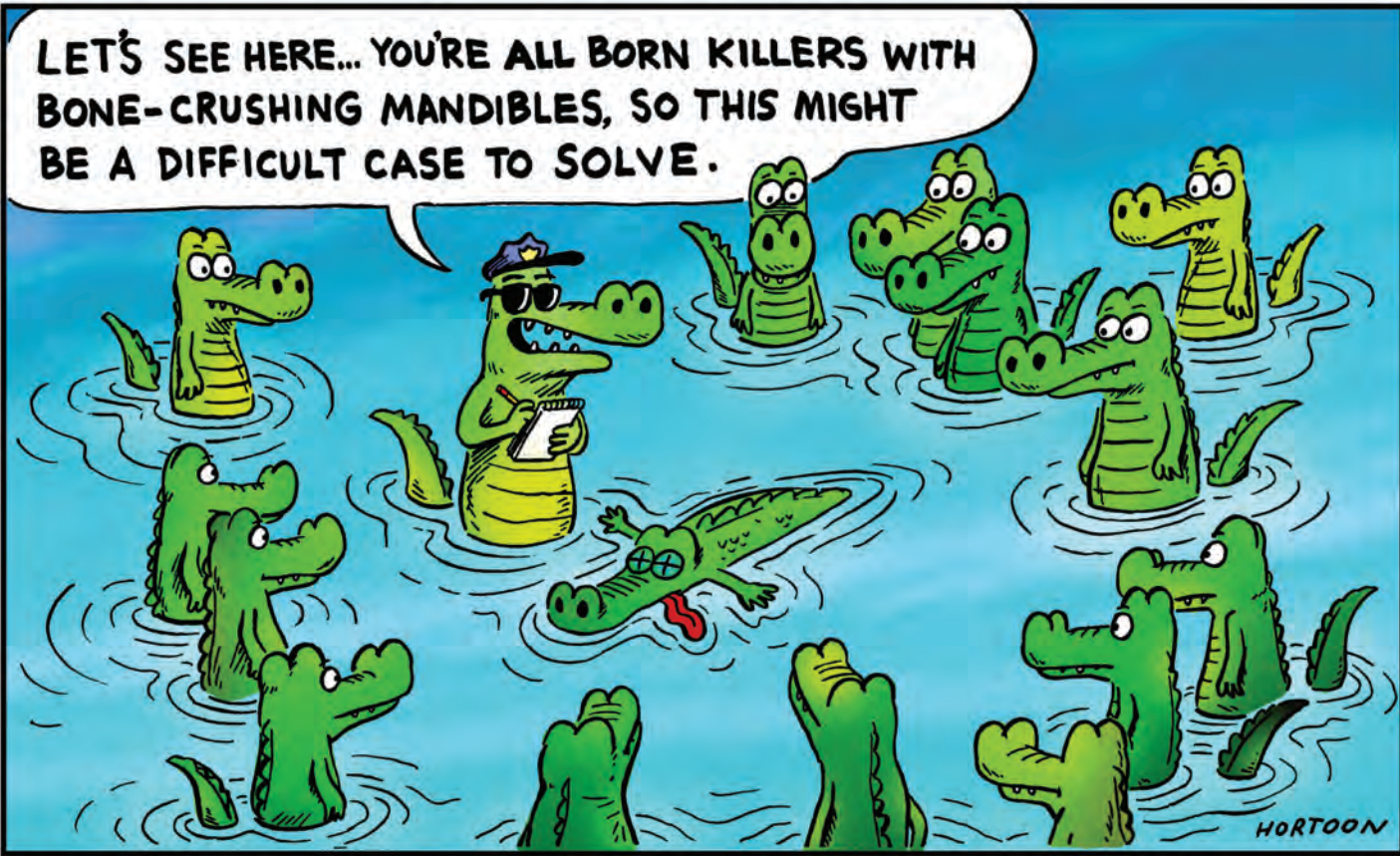
Kerry Salatino, volunteer with SCCF Sea Turtle Conservation Program, finding sea turtle hatchlings with program coordinator Kelly Sloan  
photo by Jeff Lysiak

An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement, 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the City's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.

## HORTOONS



## Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes And Bounds	Captiva	1940	3,887	\$4,800,000	\$4,550,000	0
Laguna Shores	Fort Myers Beach	1952	2,286	\$1,750,000	\$1,590,000	93
Southport On The Bay	Bonita Springs	2004	5,100	\$1,720,000	\$1,500,000	6
Shenandoah	Fort Myers	2006	4,632	\$1,298,000	\$1,200,000	199
Metes And Bounds	Sanibel	1983	1,227	\$1,029,000	\$950,000	186
Dorondo Huffner Unrec. Plat.	Fort Myers Beach	1987	2,204	\$925,000	\$902,500	515
Renaissance	Fort Myers	2015	3,255	\$829,990	\$805,000	463
Burtwood	Fort Myers	1926	4,266	\$825,000	\$725,000	252
Copper Lake	Bonita Springs	2002	3,457	\$735,000	\$710,000	36
Cape Coral	Cape Coral	2001	2,164	\$734,900	\$710,000	75





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